



RockvilleReports

NOVEMBER 2014 • VOL. 60 #9

CAREGIVER GUIDE TO
LOCAL CHARITIES INSIDE

• A MONTHLY NEWSLETTER FOR THE RESIDENTS OF THE CITY OF ROCKVILLE •

Alert Rockville Offers New and Better Ways to Receive Emergency Notifications *City Encourages Public to Sign Up*

If we can't reach you, we can't alert you.

Sign up for the Alert Rockville emergency alert system and real time information comes to you. Residents are connected to a Washington metropolitan region-wide system that is the fastest way to receive alerts about public safety, severe weather, traffic and more. A recent region-wide upgrade to the system means changes for current subscribers and an opportunity for both new and current subscribers to receive alerts in new and better ways. Alert Rockville will provide alerts that are specific to the City of Rockville and provide valuable emergency information to residents, the workforce and visitors.

The upgrade enhances Alert Rockville's capabilities, including adding voice alerts by telephone

and location-specific information that is targeted to particular communities. Subscribers can choose up to five locations for which to receive alerts, including home, work, and school, and can prioritize how they would like to be alerted, including by home or mobile phone, text, email or the new Mobile Member app. The service is free. Standard text messaging rates apply for mobile devices.

Contact information for current Alert Rockville subscribers has been moved to the new system. However, subscribers must create a new account in order to update their contact information, add locations or reset how they prefer to receive alerts.

For more information or to create a new account, visit www.rockvillemd.gov/alerts or call 240-314-8192. ✦

Remember Our Nation's Heroes on Veterans Day

Join Rockville's Mayor and Council at the City's Veterans Day ceremony, honoring the men and women who have served in the nation's armed forces, at 11 a.m. on Tuesday, Nov. 11.

The ceremony, free and open to the public, will be held in Veterans Park, at the intersection of Rockville Pike and Veirs Mill Road/Route 28. A reception will follow at American Legion Post 86, 2013 Veirs Mill Road.

This year's keynote speaker is retired Army Col. Louis J. Brune III, a Rockville



National Veterans Day is Nov. 11.

resident.

American Legion Post 86 will lead a wreath laying ceremony and their Honor Guard will present a 21-gun salute.

Parking is available at Sandy Spring Bank, at 611 Rockville Pike.

Learn more at www.rockvillemd.gov/veteransday or by calling 240-314-8620. ✦

City Hall, Other Facilities to Close Several Days this Month

Rockville City Hall will be closed on four weekdays in November and other City facilities will be closed or will operate on limited schedules. The closures are as follows:

- **Nov. 4 (Election Day) and Nov. 11 (Veterans Day):**
 - City Hall, Rockville Senior Center, Glenview Mansion and the F. Scott Fitzgerald Theatre box office are closed.
 - Recycling and refuse collected as normal.
- **Nov. 27 (Thanksgiving Day) and Nov. 28:**
 - City Hall, Rockville Senior Center, Glenview Mansion and the F. Scott Fitzgerald Theatre box office are closed.
 - Recycling and refuse collections normally collected on Nov. 27 will be collected on Friday, Nov. 28.
- **These facilities will be closed Thanksgiving Day and open on Nov. 28:**
 - Croydon Creek Nature Center (10 a.m.-2 p.m.); Lincoln Park, Thomas Farm and Twinbrook community centers (10 a.m.-6 p.m.); the Rockville Swim and Fitness Center north pool (6 a.m.-9 p.m.; south pool closed).

For more information on the recycling and refuse collection schedule, visit www.rockvillemd.gov/recycling-refuse, or call 240-314-8568.

For more information on facility hours, visit www.rockvillemd.gov or call 240-314-5000. ✦

Mayor and Council Consider Water and Sewer Rates *Public Hearing Set for Nov. 10*

A comprehensive study of Rockville's water and sewer funds, rates and rate structures seeks to meet the Mayor and Council's goal of sustainable rates that support the City's water and sewer infrastructure.

City of Rockville water and sewer customers will have several opportunities in the coming weeks to comment on the study, which recommends water and sewer rate structure changes and increases over the next six fiscal years. The financial health of the City's water and sewer funds is one of the most significant financial issues facing the City. The Mayor and Council plan to address these issues before undertaking work on the Fiscal Year 2016 budget.

The City last performed a water and sewer rate study in Fiscal Year 2007. Since then, several factors

have contributed to a \$13.1 million deficit in the water fund and an \$8.3 million deficit in the sewer fund, including repairs to a break in the City's main water trunk line and upgrades to the water and sewer systems to address aging infrastructure and to comply with federal environmental regulations. In addition, demand for water has decreased due to conservation of water as a precious resource.

The Mayor and Council received a briefing on the rate study from the City's consultant on Monday, Oct. 13.

In keeping with the City's adopted financial management policies, water and sewer operations are accounted for as enterprise funds, meaning users are expected to cover the cost of the services.

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Rockville Leaders Consider Changes to Animal Control Rules

The Mayor and Council began a discussion of proposed changes to Rockville's Animal Control rules that may impact pet owners this fall, and continued to gather feedback from the public late last month.

The changes would mandate, among other things:

- Cat and ferret licensing.
- New dog tethering and shelter requirements.
- Allowing specific types of livestock, such as chickens, on residential lots.
- Introducing the trap/neuter/return approach to feral cat population control.

The Mayor and Council discussed the proposed changes at their meeting on Oct. 13, which



These students asked the Mayor and Council to allow backyard chickens in Rockville.

is available to view on demand at www.rockvillemd.gov/rockville11. Councilmember Julie Palakovich Carr held a town hall meeting on the topic on Oct. 21. A public hearing is expected to be scheduled later this fall.

For more information, view the staff report attached to the Oct. 13 Mayor and Council agenda at www.rockvillemd.gov/agendacenter. ✦

Get Into It...

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Future Rockville
Share your thoughts at a master plan 'listening session' this winter.

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De-Stress During the Holidays
Experience a variety of recreation class mini-session offerings.

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Make Your Holidays Plans
Save the date for these special events.

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Time to Rake
Leaf collection continues this month.

MAYOR & COUNCIL
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Rockville, Maryland
20850-2364

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PROJECTS AND THE PROCESS



Conceptual townhouse elevations.

King Farm Townhouses Proposed

The Planning Commission will consider two site plan applications for the construction of 129 townhouses at the west end of King Farm Boulevard (900 and 901 King Farm Blvd.). The two lots were initially set aside for office buildings under the original King Farm planned development, but are now proposed as four-story townhouses, consistent with a resolution approved by the Mayor and Council in September 2013.

Know the Process, Stay Informed

The Rockville community is encouraged to take part in decisions about development projects in the city. Below are a few ways to stay informed about the process:

- Check the latest applications at www.rockvillemd.gov/developmentwatch for status updates on projects in your neighborhood and throughout Rockville.
- Attend an area meeting led by project applicants to provide input on certain projects before consideration by City boards or commissions.
- Find meeting schedules, agendas and information packets for the Mayor and Council and all City boards and commissions at www.rockvillemd.gov/agendacenter.
- Call 240-314-8200 to find out about specific projects in your area.

Engage Rockville

As part of the outreach and input to the city's 2002 Comprehensive Master Plan update, an online civic engagement website, Engage Rockville, was established to accept input on a wide range of topics related to the quality of life and City services in Rockville today and into the future.

Engage Rockville allows the Rockville community and visitors to participate in an online conversation to generate ideas, gather feedback and measure the community's views on a vision for Rockville's future. Contributors sign up to add ideas, photos and videos and are able to comment on other members' comments as they would in a face-to-face meeting.

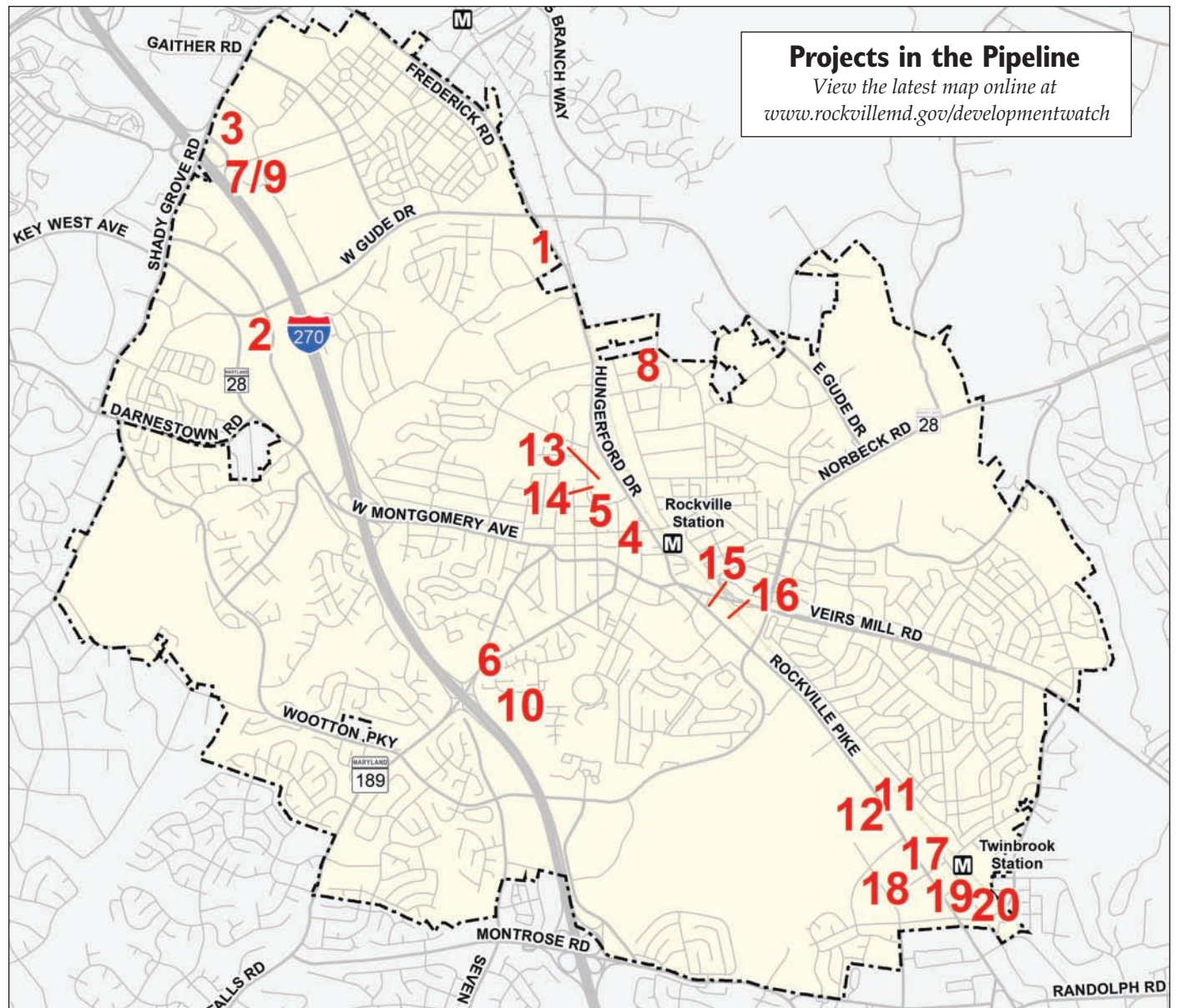
You can comment this month on these questions:

- What features in Rockville are important to preserve for their historical, architectural or cultural significance?
- Are the 2002 Master Plan Principles still relevant?

Visit www.rockvillemd.gov/engage to sign up for a free account. New topics are introduced periodically, so be sure to check back regularly.

You can also follow the master plan update at www.rockvillemd.gov/masterplan or call Community Planning and Development Services at 240-314-8200.

Development Watch



Projects in the Pipeline

View the latest map online at www.rockvillemd.gov/developmentwatch

Major Development Review Applications

Pre-Application Submittals

The following applications have been recently submitted to the City for pre-application review:

1. **15190 Frederick Road (M&T Bank):** Proposed development of a walk-in bank with drive-through. File # PAM2015-00077
2. **Research Boulevard and Gude Drive (Key West Center at Falls Grove):** Proposed development of two medical office buildings and ancillary retail uses at the corner of Research Boulevard and Gude Drive. File # PAM2014-00069

Applications Under Review

The following applications are currently in the development review process:

3. **5 Choke Cherry Road (Upper Rock District):** Project plan amendment to allow for the development of 34,700 square feet of retail space on Blocks B, C and D of the Upper Rock District. File # PJT2014-00004
4. **198 E. Montgomery Ave. (Duball Rockville):** Project plan application for an amendment to PDP1994-0001E to allow for the addition of 178 dwelling units to Block 2 and application of a currently approved non-residential parking waiver to the residential uses. File # PJT2014-00003
5. **255 North Washington St. (Rockville Town Center, LLC):** Site plan application for a proposed development of a mixed-use building with 275 dwelling units and approximately 6,000 square feet of street level commercial. File # STP2014-00214
6. **626 and 628 Great Falls Road (Chinese Jehovah's Witnesses):** Proposed development of a new place of worship. File # STP2012-00114
7. **900 King Farm Blvd. (King Farm F6):** Proposed development of 53 residential townhouses. File # STP2014-00217
8. **900 Westmore Ave. (Church of God Iglesia de Dios of Rockville):** Proposed demolition of an existing church, construction of a new church with additional on-site parking and pedestrian paths. File # STP2014-00193
9. **901 King Farm Blvd. (King Farm F5):** Proposed development of 76 residential townhouses. File # STP2014-00216
10. **1235 Potomac Valley Road (Potomac Valley Nursing Home):** Proposed site modifications, including expansion of on-site parking. File # STP2013-00164.
11. **1450 Rockville Pike (BMW of Rockville):** Proposed consolidation and expansion of the service facility and structured

parking. File # STP2013-00165

12. **1451 Rockville Pike (office building):** Proposed site plan amendment to add retail and office to the ground floor of an existing office building. File # STP2014-00209

Recently Approved Applications

The following major applications and development projects were recently approved by the designated approving authority and are currently, or soon-to-be, under construction:

13. **275 N. Washington St. (former Giant Site):** Level 1 site plan for a two-story building with a bank, office and retail use. Approved June 21, 2013. File # STP2013-00145
14. **285 North Washington St. (Brightview Rockville Town Square):** Site plan application for a 195-unit rental community for independent senior living and assisted living with street-level retail. Approved July 23, 2014. File # STP2014-00189
15. **702 Rockville Pike (Enterprise Rent-a-Car):** Change of use to an existing building for a rental car facility and development of a 1,356 square foot carwash to be located behind the rental facility. Approved July 23, 2014. File # STP2014-00184
16. **718 Rockville Pike (Patient First Medical Center):** Major site plan amendment for a new medical office building and change of use to an existing building on-site to allow restaurant use. Approved Sept. 11, 2013. File # STP2013-00162
17. **1592 Rockville Pike (Twinbrook Metroplace):** Project plan for a new mixed-use development with office, retail, restaurant and health club uses, a 200-room hotel and 792 multi-family residential units and site application for phase I of the approved project plan for Twinbrook Metroplace. Approved April 16, 2012 and March 13, 2013. File # PJT2012-00002 and STP2013-00140
18. **1626 East Jefferson St. (Crest II):** Site plan for a multi-family development. Approved Aug. 6, 2014. File # STP2014-00196
19. **1800 Rockville Pike (Twinbrook West):** Site plan for a new mixed-use development comprised of 100,000 square feet of retail and restaurant use and 356 multi-family residential units. Approved March 28, 2012. File # STP2012-00101
20. **1900 Chapman Ave. (former Syms site):** A mixed-use development with 667 multi-family residential units and approximately 5,000 square feet of non-residential use. Approved Aug. 2012. File # STP2012-00112

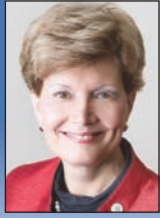
Join the conversation with **Engage Rockville**

Sign up today and add your voice to Rockville's future:
www.rockvillemd.gov/engage

Mayor & Council



Mayor
Bridget Donnell Newton



Councilmember
Beryl L. Feinberg



Councilmember
Tom Moore

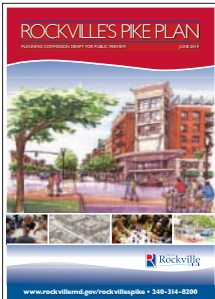


Councilmember
Virginia D. Onley



Councilmember
Julie Palakovich Carr

Hearings on 'Rockville's Pike Plan' Continue into December



The draft of "Rockville's Pike Plan" sets goals for making a 2-mile corridor of Rockville Pike more inviting to residents, workers, shoppers, pedestrians, bicyclists and transit riders and for adding parks and increasing open space.

The public can comment on the draft plan at public hearings during the Mayor and Council meetings on Monday, Nov. 17 and Monday, Dec. 8. The meetings begin at 7 p.m. at City Hall, 111 Maryland Ave.

In addition, a walking tour of the Pike will be Saturday, Nov. 1 and is open to the public. Attendees should meet at City Hall, 111 Maryland Ave., at 10 a.m. for a bus ride to the Pike.

"Rockville's Pike Plan" establishes policies for land use, transportation, parks and other key topics along the Pike corridor between Richard Montgomery Drive and the City's southern bor-

der, just north of Bou Avenue.

This is the first update of a plan for this area since 1989.

The plan seeks to ensure that there is a mix of residential and non-residential uses along the corridor, that existing residential neighborhoods are protected and that the Pike retains and attracts local and national retail to enhance the corridor's economic viability.

To read the plan, visit www.rockvillemd.gov/rockvillespike.

Hard copies are available for review at City Hall, the Rockville and Twinbrook libraries, and at Rockville community centers.

The public record for written comments on the plan is open. Testimony may be sent to the Mayor and Council at cityclerk@rockvillemd.gov, or by mail to the City Clerk's Office, Rockville City Hall, 111 Maryland Ave., Rockville, MD 20850. ❖

County Forming Committees to Advise on Bus Rapid Transit Project

Montgomery County is establishing advisory committees to help guide the planning and design of bus rapid transit (BRT) corridors.

A master plan amendment adopted by the Montgomery County Council last November identified various corridors that may be improved with high capacity BRT service to enhance mobility throughout the county. In its adoption of the master plan, the Council also called for the formation of advisory committees for each of the corridors.

In Rockville, advisory committees are being created for Veirs Mill Road, MD 355 from Rockville Town Center continuing north, and MD 355 from Town Center continuing south. The county is encouraging self-nominations through Nov. 21 from two broad categories of representation:

- Direct corridor representatives, which includes those communities and areas adjacent to or within 150 feet of the corridor. In this category, each civic, home-

continued on pg. 5...



Public Works repaired a large water main break on Oct. 15.

Water and Sewer Rates *continued from pg. 1...*

The vast majority of the cost of providing water and sewer operations is fixed and is not related to usage. However, the City rate structure relies heavily on revenue from usage.

Without substantial changes to the rate structure, and moderate rate increases, the water and sewer funds will continue to run deficits.

The fund deficits are being covered by loans from the City's general fund. Moody's Investor Services, a bond rating agency, has expressed concern about these deficits. If the City's bond rating were lowered, the City would not be able to continue to borrow money at the most favorable rates.

The Mayor and Council will hold a public hearing on the water and sewer rates on Monday, Nov. 10 and will discuss the rates and rate structure on Nov. 24. The public is also invited to provide written comments via email to mayor@rockvillemd.gov or council@rockvillemd.gov.

Action taken by the Mayor and Council would impact the water and sewer rates for FY16, FY17 and FY18. The fiscal year begins July 1.

To view the Oct. 13 briefing, visit www.rockvillemd.gov/agendacenter and select the television icon next to the meeting date. Read the consultant's presentation at www.rockvillemd.gov/finance. ❖

City Leaders Convene Group to Study Clerk Position

The Mayor and Council recently created a work group to study the city clerk position, which was vacated in August.

The City Clerk Work Group, an 11-member body comprised of former elected officials, city clerks and the chair of the Board of Supervisors of Elections, is expected to report to the Mayor and Council by mid-December. The Mayor and Council asked the group to answer the following questions and provide pros and cons for each:

- Should Rockville have a city clerk or a different type of administra-

tor with the current clerk responsibilities?

- To whom should the city clerk report?
- To whom should the city clerk's staff report?
- Who should hire and fire the city clerk?

The city clerk maintains up-to-date records for the City, provides administrative and clerical support for the Mayor and Council, administers City elections and provides staff support for the Board of Supervisors of Elections and the Compensation Commission.

The City Clerk Work Group was expected to convene by the end of October. ❖

MEETINGS & DROP IN SCHEDULE

All general sessions, worksessions and public hearings are televised on Rockville channel 11 and are available on streaming video at www.rockvillemd.gov. Residents may comment on any subject for up to three minutes during the "Community Forum" portion at most meetings. Meetings are at 7 p.m. and are subject to change.

- Nov. 3 (Monday)
- Nov. 10 (Monday)
- Nov. 17 (Monday)
- Nov. 24 (Monday)

The mayor and one councilmember are available to meet with residents for drop-in discussions from 5:30-6:30 p.m. one Monday per month in the Mayor and Council office at City Hall. No appointment is necessary, but a call to the City Clerk's office at 240-314-8280 is appreciated. Along with Mayor Newton, the councilmember scheduled this month is Julie Palakovich Carr on Nov. 10.

IN BRIEF

Rockville's Mayor and Council to Receive Budget Preview This Month

Public to Get First Look at Fiscal Year 2016 Plan

City leaders will receive a Fiscal Year 2016 budget preview from City staff during the Mayor and Council meeting on Monday, Nov. 17.

The preview will focus on general fund revenues and expenditures, enterprise funds and related utility rate changes, and special revenue funds for FY16. (See the article about the City's utility rate study on page 1.)

Information in the preview, while preliminary, provides the framework for staff to begin to develop the budget for FY16, which begins July 1. Staff will return to the Mayor and Council in January with revenue and expenditure updates and will ask the Mayor and Council for further policy guidance in order to prepare the budget.

City Manager Barb Matthews will present her budget proposal in March. It will include rates for property taxes, water, sewer, refuse and stormwater management.

Rockville's FY15 operating budget is \$118 million. Find the City's operating and capital budget at www.rockvillemd.gov/budget.

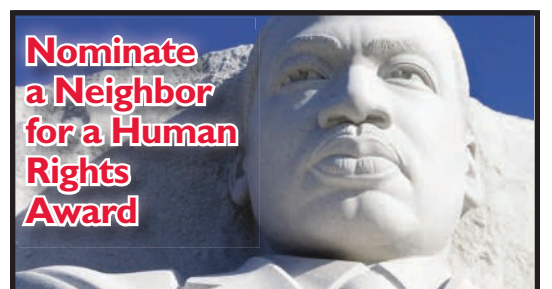
Watch the budget preview during the Mayor and Council meeting at 7 p.m. on Nov. 17:

- In person, at City Hall, 111 Maryland Ave.
- On Rockville 11 (cable channel 11).
- Live streaming or on demand at www.rockvillemd.gov/rockville11.

The City will invite public input on the city manager's proposed budget at hearings that begin in March, or by email to mayorcouncil@rockvillemd.gov.

The Mayor and Council are expected to adopt the FY16 budget in May.

For more information, visit www.rockvillemd.gov/budget or call the Finance Department at 240-314-8400.



The Martin Luther King Jr. Youth Award will honor a Rockville high school student for helping advance the goals and dreams of Dr. King.

The F. Michael Taff Award will honor an individual, business or organization from Rockville for contributing to improving the lives of people with disabilities.

Winners will be recognized at Rockville's Martin Luther King Jr. Day Celebration on Monday, Jan. 19.

Nominations will be accepted through Wednesday, Dec. 3. The award program is sponsored by the City's Human Rights Commission.

Find nomination forms and more information at www.rockvillemd.gov/mlk.



Help Your Flying Friends with Seeds on Sale at Croydon Creek

Pre-Orders Due Dec. 1; Pickup is Dec. 13

Feeding wildlife helps animals and provides a source of enjoyment to those who appreciate nature during the cold winter months. Croydon Creek Nature Center is taking orders for seeds until Dec. 1. Orders will be available for pickup on Saturday, Dec. 13 from 9 a.m.-5 p.m.

Order forms are available at the center, at 852 Avery Road, or online at www.rockvillemd.gov/croydoncreek. The center is open Tuesday-Saturday from 9 a.m.-5 p.m. and Sunday from 1-5 p.m. It is closed on Mondays.

For more information, call 240-314-8770 or email ccnc@rockvillemd.gov.

November is Recycling Awareness Month

Nov. 15 is "America Recycles Day."

The City of Rockville makes it easy to recycle with single-stream recycling, which allows for all recyclables to be placed in the same recycling cart.

While most people think first of recycling newspapers, bottles, cans and cardboard, many other items can also be included in City recycling bins:

- Empty aerosol cans.
- Soft plastics, including shrink wrap, bubble wrap, newspaper sleeves and retail bags (place these materials in single plastic bag, securing it with a knot).
- Rigid plastics, including toys, buckets, flower pots, laundry baskets and clothes hangers.
- Wax-coated milk and juice boxes, all junk mail (including those with plastic windows), catalogs and pizza boxes with minor grease.

Visit www.rockvillemd.gov/recycling-refuse for a complete list of materials the City accepts for recycling, and how-to videos.

Contact the City's Recycling and Refuse Office at 240-314-8568 or refuse@rockvillemd.gov to start service; get a larger recycling cart; schedule a special pickup of scrap metal recycling, electronics recycling, hazardous household waste or bulk refuse; report a missed collection; verify collection schedules; or ask a question about the program.

For more information on America Recycles Day visit americarecyclesday.org.

Election Day is Tuesday, Nov. 4

Voters will elect representatives to county, state and federal office on Tuesday, Nov. 4.

To view a sample ballot online, or find your polling place, visit www.777vote.org or the Montgomery County Board of Elections' mobile-friendly website at m.montgomerycountymd.gov/elections.

For more information:

- Call 240-777-VOTE.
- Visit www.777vote.org or m.montgomerycountymd.gov/elections (mobile).
- Visit the Maryland State Board of Elections at <http://elections.state.md.us>
- Follow the Montgomery County Board of Elections on Facebook or MontgomeryMDVotes on Twitter @777Vote.

Rockville City Hall will be closed on Nov. 4. (See page 1 for other closures.)



Construction Begins on Horizon Hill Project

Construction is under way on upgrades to three stormwater management ponds in the Horizon Hill Park Stream Valley.

Work was scheduled to begin at the end of October, with contractors staking out the construction area and installing tree protection fencing throughout the park. Tree removal and excavation will begin in early November, weather permitting.

Construction will occur throughout the park. The park west of North Commons Way, including the playground at Sunrise Drive and the basketball court at Fallsmead Way, will be closed during construction. The network of paths from North Commons Way to Wootton Parkway will remain open. There will be temporary closures of the path between Pebble Ridge Court and Glastonberry Road during construction hours. The playgrounds at Fallsmead Way and Longhill Drive will not be affected.

The \$3.5 million project aims to improve stormwater management for almost the entire 165-acre drainage area adjacent Wootton Parkway at South Fallsmead Way. It will convert the park's upper and lower dry ponds to wet ponds with permanent, year-round water surfaces and widen and stabilize portions of the stream connecting the middle and lower ponds.

This project was recommended in the 2001 Watts Branch Watershed Study as a crucial component to the long-term health of the watershed. The project is expected to be completed in September 2015.

Future park improvements include path widening and the installation of rubberized playground surfaces, fitness equipment and a pergola.

For more information, visit www.rockvillemd.gov/horizonhillswm or contact Gabe Kosarek at gkosarek@rockvillemd.gov or 240-314-8513. ❖



One project is adding 2,300 linear feet of sidewalk, two storm drain systems, curb and gutter along Anderson Avenue.

New Sidewalks Add to Pedestrian Safety

Wootton Parkway and Anderson Avenue Projects Near Completion

The City is nearing completion of two sidewalk projects that will further Rockville's goals to improve pedestrian safety and provide routes for non-motorized travel.

The first project added a sidewalk along Wootton Parkway, connecting the sidewalk across from McCormick Road to the sidewalk near Hurley Avenue.

The sidewalk is constructed of pervious concrete, which allows water to travel through voids in the concrete pavement and into the ground below, reducing stormwater runoff and recharging groundwater. The project was funded by Montgomery County impact tax revenue contributed by developers.

The second project – a sidewalk along Anderson Avenue between Mannakee Street and Forest Avenue – is expected to be completed at the end of November.

The Anderson Avenue project also includes resurfacing the roadway and installing two storm drain systems and curb and gutter on the road's northern side. The project is being paid for with speed camera revenue, funds from the asphalt maintenance budget and some developer funds.

Rockville community members may circulate a petition to have new sidewalks constructed. Any resident age 18 or older is eligible to sign the petition on behalf of his or her household. To be declared valid, the petition must be signed by at least 50 percent of the households on the street adjacent to the proposed sidewalk.

To learn about Rockville's sidewalk prioritization policy, a map of sidewalks prioritized for construction and forms for petitioning to have sidewalks constructed, go to www.rockvillemd.gov/sidewalks. ❖

City Planners Kick Off Master Plan Update

'Listening Sessions' will Gather Community Feedback this Winter

In preparation for an update of the City's Comprehensive Master Plan, City staff will host "listening sessions" at neighborhood meetings throughout Rockville in the coming months to gather information from the community.

The Comprehensive Master Plan, which is being updated for the first time since 2002, will describe the broad vision for the City's future over the next 20 years. It is the core philosophy that guides development, conservation and City infrastructure projects to improve the quality of life in Rockville.

At the listening sessions, City staff will invite community members to share issues and

concerns important to the future of their neighborhoods and to the city as a whole. Ideas will be collected on a form at the sessions.

Meeting dates will be posted at www.rockvillemd.gov/masterplan, on the City's Facebook page, in future editions of "Rockville Reports" and on Rockville 11 (cable channel 11).

Community members are encouraged to attend meetings in their neighborhood, but are welcome to attend other sessions if dates are more convenient.

For more information, visit the Web page above or contact Ann Wallas at awallas@rockvillemd.gov or 240-314-8205. ❖



Officers from the Rockville City Police Department helped Rockville students get to school safely as part of International Walk to School Day on Oct. 8. The event involved communities from more than 40 countries walking and biking to school on the same day.

News You Can Use

Register for a Recreation Mini-Session to Stay Healthy During the Holidays

Looking for a short fitness commitment this holiday season? Check out Rockville's mini-sessions, offered for all ages.

Yoga fans will enjoy Yoga-Holiday De-Stress, Yoga for Kids and Yoga-lates on the Ball for seniors. Seniors have a variety of choices for mini-sessions at the Rockville Senior Center, including Strength Training, T'ai Chi Ch'uan-Beginner, Chair Exercise and more.

People age 16 and up can sign up for 20/20/20 Fitness and Total Body Blast, which begin the weeks of Nov. 24 (20/20/20) and Dec. 8 (Total Body). Power Sculpt and Circuit Step are open to ages 15 and up and begin the week of Dec. 1.

The Rockville Swim and Fitness Center's drop-in option offers a chance to get in a workout or two without having to sign up for a full session. Land fitness sessions run through Dec. 19. Water classes run through Dec. 19. Go to www.rockvillemd.gov/swimcenter to view the complete schedule.

Counteract Thanksgiving

indulgences by registering for the new Zumba Thanksgiving Burn-Off on Friday, Nov. 28 from 10:15-11:15 a.m. at Thomas Farm Community Center (open to ages 16 and up).

Registration for these programs is now open. Find details and course numbers in the Fall Recreation Guide at www.rockvillemd.gov/recreation/guide. Hard copies are available at Rockville recreation centers and City Hall. Register via rockenroll.rockvillemd.gov or in person at City Hall, 111 Maryland Ave., or Rockville recreation centers.

If you've got a fitness resolution in mind for the New Year, check out the winter recreation guide, which will be online at the above link on Thursday, Nov. 13 and available at City Hall and recreation centers mid-month. Registration for programs that start the week of Jan. 5 opens on Tuesday, Dec. 9 (or Thursday, Dec. 4 for swim and senior center members).

Learn more at www.rockvillemd.gov/recreation or by calling 240-314-8620. ❖



Fit in a workout at recreation mini-sessions this season.

Bus Rapid Transit Project Committees

continued from pg. 3...

owners, condo and similar association will nominate their own representative to serve. Local Chambers of Commerce are nominating representatives of business, major employers and property owners along the corridor.

- At-large representatives,

including representatives of groups that may experience impacts from the project but are not located directly on the corridor. This may include residents, businesses, property owners, institutions and other groups that represent a larger group of constituents who are frequent users of the corridor, or will add diversity to



New signals use audible tones, voice instructions and vibrating push-button surfaces to communicate "walk" and "don't walk" messages.

New Signals Add Safety to Intersections

Pedestrians will soon encounter new features on some Rockville traffic signals that will make crossing city streets safer for all.

Rockville's Traffic and Transportation Division is adding Accessible Pedestrian Signals (APS) at 15 intersections. The pushbutton devices communicate the phases of the traffic signal, including "Walk" and "Don't Walk" messages, in non-visual formats. They use audible tones, voice instructions and vibrating pushbutton surfaces, making the signals more accessible to blind or low-vision pedestrians.

APS will be added at seven intersections in King Farm and at eight other intersections throughout the city.

The King Farm intersections are:

- West Gude Drive and Gaither Road.
- West Gude Drive and Watkins Pond Boulevard.
- Gude and Piccard drives.
- Gaither Road and Piccard Drive.
- Redland Boulevard and Piccard Drive.
- King Farm Boulevard and Gaither Road.
- King Farm Boulevard and Pleasant Drive.

The other intersections are:

- Nelson Street/Martins

Lane and Mannakee Street.

- Park Road and N. Stonestreet Avenue.
- Park Road and S. Stonestreet Avenue.
- Seven Locks Road and Fortune Terrace.
- Wootton Parkway and Henslowe Drive.
- Wootton and Preserve parkways.
- Wootton Parkway and Tower Oaks Boulevard.
- Wootton Parkway and the Thomas S. Wootton High School entrance.

The King Farm signals are expected to be installed by Nov. 1 and are funded by developers. The others will be installed by March 1 and are funded primarily with revenue from the City's speed camera program.

These projects also include the installation of sidewalk ramps that meet standards outlined in the Americans with Disabilities Act and countdown signal heads that tell pedestrians how long before a signal will change.

Once the 15 signal projects are completed, Rockville will have completed 32 of 48 planned APS installations. The remaining projects will be scheduled in future fiscal years, pending the availability of funds. ❖

the committee. Applicants for an at-large position should apply directly to the county. More information, including the self-nomination form, is available at www.montgomerycountymd.gov/rts.

Committees are expected to be formed by January. Each will contain up to (but no more than) 40 representatives. They will meet quar-

terly as long as the corridor project is funded and active, though some may meet more frequently at first, depending upon issues before them.

For more information, contact Tom Pogue, Montgomery County Department of Transportation Community Relations, at 240-777-7155 or rapid.transit@montgomerycountymd.gov. ❖

INFO. AT YOUR FINGERTIPS

Winterize Your Rain Barrel as the Temperature Drops

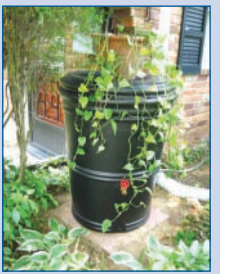
Rain barrel owners should winterize their barrel when temperatures are expected to fall below freezing for more than a few nights. Freezing can cause barrels to crack or deform.

Disconnect the rain barrel from the downspout, making sure to redirect the water flow away from your home. Store the barrel in an enclosed space like a garage, shed or basement.

Barrels may be stored outside, upside down so water doesn't freeze inside the barrel. Consider placing a brick or other heavy object on top of the barrel to keep the wind from blowing it over.

The RainScapes Rewards program puts money back into the pockets of residents who install rain barrels, plant trees, install conservation landscapes or remove pavement.

Learn how to earn money for improving the environment by contacting Shannon Philbin, the City's RainScapes coordinator, at 240-314-8877 or sphilbin@rockvillemd.gov.



Don't Celebrate Thanksgiving with Clogged Pipes

A Thanksgiving reminder: When your feast is finished, don't pour fats, oils and grease (FOG) down the kitchen sink. FOG poured down sinks solidifies when deposited into sewer lines, trapping solids and forming hard deposits that build up and eventually cause blockages and breaks in City pipes. Blockages and breaks can lead to sewer backups and leaking pipes, which can lead to costly damage to City infrastructure and private property.

Here are some tips to prevent sewer clogs and blockages:

- Avoid placing food that contains FOG in the garbage disposal.
- Scrape food and grease into the garbage before washing dishes.
- Use a paper towel or napkin to absorb cooking oil or grease before washing dishes.
- Pour FOG into an empty can, let it cool to solidify and dispose of it as refuse.

Questions? When in doubt, don't throw it out. Contact the City's Environmental Management Division at 240-314-8870.

Commercial Energy Benchmarking Forum

Thursday, Nov. 6 at F. Scott Fitzgerald Theater, 603 Edmonston Drive.

- 8-8:30 a.m.: Networking and coffee.
- 8:30-10 a.m.: Presentation.

This free forum will introduce Montgomery County's new legislation which requires owners of certain non-residential buildings to benchmark and report energy usage.

Who should attend:

- Non-residential building owners and sole tenants of properties 50,000 square feet or larger.
- Nonprofits and associations that support the energy and/or building community.
- Local government officials.
- Energy efficiency service providers.
- Anyone interested in learning about the benchmarking law.

Learn more and register at www.montgomerycountymd.gov/DEP/Energy/benchmarking.html.

The forum is hosted by the Montgomery County Branch of the United States Green Building Council-National Capital Region, Montgomery County Department of Environmental Protection, Montgomery County Chamber of Commerce and the City of Rockville.

THINGS TO DO IN ROCKVILLE

Fitzgerald Theatre Offers Diversity of Performances in November

Tickets for the following performances (unless otherwise noted below) can be purchased at www.rockvillemd.gov/theatre or at the box office from 2-7 p.m. Tuesday-Saturday and two hours prior to every ticketed performance. For more information, call the box office at 240-314-8690.



Rockville Musical Theatre Presents 'Grease'

Fridays, Nov. 7 and 14 at 8 p.m.; Saturdays, Nov. 1, 8 and 15 at

8 p.m.; Sundays, Nov. 9 and 16 at 2 p.m.

This rollicking musical, set to a 1959 soundtrack, follows 10 teenage working-class greasers, cheerleaders and toughs as they deal with love, pregnancy, peer pressure and gang violence. Tickets are \$22 for adults; \$20 for seniors and students with ID.

Reel Rock 9 Presents 'Valley Uprising: Yosemite's Rock Climbing Revolution'

Thursday, Nov. 20 at 8 p.m. This independent film by rock climbing, daredevil, adrenaline junkies is centered on the outlaws who participated in the Yosemite's Rock Climbing Revolution. Earth Treks, a local business, will give away goodies and a rock-climbing adventurer will be live on stage sharing tales of adventure. Tickets are available at the box office or Earth Treks. Learn more at www.reelrocktour.com/press.

Heart of Maryland Chorus Presents 'We've Done Rockville... We're Goin' to Broadway'

Saturday, Nov. 22 at 1 p.m. Tickets are \$15. Learn more at www.homchorus.org.

Washington Balalaika Society Presents its Fall Performance

Saturday, Nov. 22 at 8 p.m. This concert will feature soloist Olga Orlovskaya. Advance purchase tickets are \$20 for adults; \$18 for seniors; \$15 for students; free for children under 12 (with adult). Tickets at the door are \$25.

Rockville Concert Band Presents 'Musik Deutschland'

Sunday, Nov. 23 at 3 p.m. No tickets required; a \$5 donation is suggested.

Hope Garden Children's Ballet Theatre Presents 'A Christmas Carol'

Saturday, Nov. 29 at 1:30 and 7 p.m. Experience the story of the world's favorite humbug through movement and emotion in this original ballet interpretation of Charles Dickens' timeless classic. Danced to the compelling music of Claude Debussy, this production will renew your love and wonder of the holidays.

Tickets are \$22 for adults; \$19 for seniors (60+) and youth (17 and younger) and can be purchased at www.hgcbtstore.org.

Arts & Entertainment

Take In Nature Photography, Sculpture and More at Glenview Gallery this Month

Application for 2016 Exhibitions Due Jan. 23

Join us on Sunday, Nov. 2, from 1:30-3:30 p.m. at a free opening reception where you can meet the artists exhibiting works in November. The exhibition, which is open through Nov. 26, features the nature photography of Charles Weiss, (see photo at right), etchings and prints by Laura Chassy and sculpture by Lois Levitan.

At 2 p.m., during the reception, singer and pianist Kathleen McLaughlin will perform a free concert in the mansion's conservatory. She's known for playing a little bit of everything, with standards, blues, pop and more.

The gallery, located in the mansion at Rockville Civic Center Park, 603 Edmonston Drive, is wheelchair accessible. Open Monday through Friday, 9 a.m.-4:30 p.m.; Tuesdays and Thursdays, 9 a.m.-9 p.m. It is closed on City holidays.

City Invites Artists to Apply for 2016 Exhibits

Glenview Mansion Art Gallery continues to showcase the finest artists in the region, and the process of selecting art for 2016 exhibitions is now underway.

Eligibility:

Open to all artists living and/or working in the greater metropolitan area of Washington, D.C. Note: Former Glenview Mansion Art Gallery exhibitors must wait two years before reapplying. (Gallery exhibitors in 2014 may apply in 2016 for opportunities in 2017.) Exhibitors from 2013 are eligible to apply for this round of entries.

Selection process:

All submissions will be reviewed by gallery staff and an esteemed jury panel of artists and art professionals. The panel



Cardinal Ball by Charles Weiss.

will select artists and create exhibits to be placed into the 2016 calendar schedule by the gallery director. Exhibitions may consist of more than one artist.

Important dates:

- Entries due by Jan. 23.
- Artist notification by March 20.

Find a full brochure of information, including terms for exhibiting, insurance information, application details and more, at www.rockvillemd.gov/glenviewgallery.

For more information, contact Julie Farrell at jfarrell@rockvillemd.gov or 240-314-8682. ✚

Special Events to Brighten Your Holiday Season

Gear up for a festive season at these upcoming events:

Holiday Bazaar, presented by Rockville Seniors, Inc. Saturday, Dec. 6; 9 a.m.-2 p.m. at the Rockville Senior Center, 1150 Carnation Drive. Get your pick of homemade crafts and baked goods, peruse the book selection, take part in a raffle. Learn more at www.rockvillemd.gov/seniorcenter or 240-314-8800.

"The Nutcracker" presented by the Rockville Civic Ballet at F. Scott Fitzgerald Theatre. Saturdays, Dec. 6 and 13 at 2 p.m. and 7:30 p.m.; Sundays, Dec. 7 and 14 at 2 p.m. \$17 adult; \$13 senior (60+) and youth (under 12). Purchase tickets at www.rockvillemd.gov/theatre.

Natural Holiday Crafts. Sunday, Dec. 7; 10-10:45 a.m.

at Croydon Creek Nature Center, 852 Avery Road. Adult participation required for children under age 8. Register for course #48858 by Nov. 30. Cost is \$12 for Rockville residents/\$14 for non-residents. Learn more at www.rockvillemd.gov/croydoncreek or 240-314-8770.

Holiday Open Houses at Glenview Mansion.

Sundays, Dec. 7, 14, 21 and 28; 1-4 p.m. Enjoy the mansion at its finest with Christmas trees and other spaces deco-

rated by 20 community organizations, with a theme of "All Living Things Great and Small." Live music is on tap for several open houses. Kids can visit with Santa and Mrs. Claus, take part in arts and crafts and do a scavenger hunt throughout the mansion at Children's Day on Dec. 14. Learn more at www.rockvillemd.gov/glenview or 240-314-8660.

Find more holiday-related events happening in December at www.rockvillemd.gov/calendar. ✚

39TH ANNUAL

Rockville 10K/5K



Sunday, Nov. 2, 2014

Road Closed: 8 a.m. • Race Begins: 8:30 a.m.
Start/Finish: King Farm Village Center, Rockville, MD

NEW Late Registration and Packet Pick-up location:

SPORTS AUTHORITY

12055 Rockville Pike, Rockville, MD • 301-231-8650
Saturday, Nov. 1 - 11 a.m.-5 p.m.

Race Day Morning, Nov. 2 - 7:30-8:15 a.m.
(at King Farm Village Center)



Community International Night

Lincoln Park Community Center
Friday, Nov. 14, 5-9 p.m.

FREE **FREE**

Share and learn about cultures representing Rockville neighborhoods.

Costumes • Special Performances/Talents • Information Tables • Food Samples

Call 240-314-8780 or email: lpcc@rockvillemd.gov

Lincoln Park Community Center
357 Frederick Avenue, Rockville, MD 20850 • 240-314-8780
www.rockvillemd.gov/lpcc • lpcc@rockvillemd.gov

Connect with us on Social Media.



FACILITIES ADDRESSES AND PHONE NUMBERS

- **Glenview Mansion Art Gallery** **GM**, Rockville Civic Center Park, 603 Edmonston Drive.
- **F. Scott Fitzgerald Theatre** **FSF**, Rockville Civic Center Park, 603 Edmonston Drive.
- **Croydon Creek Nature Center** **CC**, Rockville Civic Center Park, 852 Avery Road. Note: Registration required, register online at www.rockvillemd.gov or call 240-314-8770.
- **Rockville Senior Center** **SR**, 1150 Carnation Drive. Call 240-314-8800.
- **Rockville City Hall** **CH**, 111 Maryland Ave. Call 240-314-5000.



Rockville offers a variety of classes and programs each season. Find something that interests you at www.rockvillemd.gov/recreation/guide.

1,7-9,14-16

“Grease” presented by Rockville Musical Theatre. See article on page 6. **FSF**

1,8,15,22

Rockville Farmers Market Farm-fresh fruits and vegetables, bedding plants, cut flowers, preserves, honey, herbs, baked goods, and more. All items picked fresh daily and available as supplies last. Corner of Rt. 28 and Monroe St. 9 a.m.-1 p.m.

2 Art Opening Reception and Free Concert An exhibition of nature photography, etchings, aquatints and sculpture. Kathleen McLaughlin performs standards, pop and blues in the conservatory. 1:30-3:30 p.m. See article on page 6. **GM**

4 Community Center Fun Daze Looking for something for the kids to do when schools are closed? Thomas Farm Com-

November Calendar

R = Residents • NR = Non Residents • MEM = Member • NM = Non Member

munity Center and Twinbrook Community Recreation Center are planning fun themed activities for when schools are closed on Election Day. Activities include games, sports, special activities and crafts. Wear play clothes and athletic shoes. Bring a lunch. \$40 R/\$45 NR. 9 a.m.-3 p.m. Call 240-314-8620 for registration information.

4 Nature Service Learning Day Investigate a local environmental issue while earning three Student Service Learning hours. Dress for the weather and bring a lunch. Ages 10-14. \$30 R/\$35 NR. 10 a.m.-3 p.m. **CC**

4 Election Day City Hall is closed. Recycling and refuse will be collected as usual. See the article on page 1.

6 Veterans USO Appreciation Featuring Andrea, “Seniorita Sunshine,” in a tribute to our veterans – warming hearts with song, dance and laughter. Light refreshments will be served. 1:30-3 p.m. Course #48279. FREE R/MEM/\$5NR. **SR**

6 Commercial Energy Benchmarking Introductory Forum A free introduction to new Montgomery County energy benchmarking legislation which requires owners of certain non-residential buildings to benchmark and report energy usage. 8-10 a.m. See article on page 5. **FSF**

8 Kidical Mass Tweed & Fleece Family Bike Ride Kidical Mass, a nationwide movement to get kids and their families out on bikes, holds a joint ride of the Rockville and Gaithersburg groups beginning in Lakelands in Gaithersburg and ending at Falls-grove in Rockville. The free rides use a combination of shared use trails, bike lanes, and residential streets and progress at the pace of the slowest rider. Riders are encouraged to dress in tweed or other old-fashioned (and warm) clothes. Lakelands Park, 1368 Main Street, Gaithersburg. 10 a.m.-noon.

8 Croydon Creek Campfire: Crepuscular Creatures Animals that are active at dawn and dusk are known as crepus-

cular animals. Learn more about these twilight-loving creatures and maybe even see one or two. Children must be accompanied by an adult. All participants must register in advance. \$5 R/\$6 NR. 7-8 p.m. **CC**

11 Veteran’s Day City Hall is closed. Recycling and refuse will be collected as usual. See the article on page 1.

11 Veterans Day Ceremony Join Rockville’s Mayor and Council at this annual ceremony honoring those who have served in the nation’s armed forces. American Legion Post 86 will lead the wreath laying ceremony and their honor guard will present a 21 gun salute. Veterans Park, at the corner of routes 355 and 28. 11 a.m.

14 Community International Night Share and learn about cultures represented in our neighborhoods. Featuring costumes, special performances, informational tables and food samples. Free. Lincoln Park Community Center 5-9 p.m.

15 Off-Leash Training Dogs must have a current Rockville dog license in order to take the test. Dogs and owners must be recertified each year. Registration is required. Call 240-314-8937. Cost is \$5 per dog. Learn more at www.rockvillemd.gov/offleash. Rockville Swim and Fitness Center. 10-11 a.m.

15 Nature Tots: Nature Senses A naturalist will help you and your child explore the topic through nature play, crafts, stories and hikes. Dress for the weather. Adult participation is required. Pre-registration strongly recommended. \$8 R/\$10 NR. Register for course #48798. 10-11:30 a.m. **CC**

16 Family Ramble: Forest Get to know the forest by looking under logs, searching for forest critters and taking a close-up look at trees. Ages 1 and up. \$3 R/\$5 NR. 1:30-2:30 p.m. **CC**

21 2nd Annual Senior Turkey Trot Keep fit and feed others – Join staff and trot (walk) a mile

through the Woodley Gardens community (second mile is optional). Bring canned goods to donate to Manna Food Bank. Course #48126 Meet 10 a.m. in aerobic room. FREE. **SR**

22 Saturday Story & Hike A naturalist will read a story and lead a hike based on the story. Dress for the weather. Adult participation is required. \$4 R/\$6 NR. 10-11 a.m. **CC**

22 Star Party Discover objects easily visible in the night sky, look through telescopes with an astronomer and enjoy a campfire treat. All participants must register. This program is dependent on good weather and clear skies. \$7 R/\$9 NR. 6-7 p.m. **CC**

22 “We’ve Done Rockville... We’re Goin’ to Broadway” presented by The Heart of Maryland Chorus of Sweet Adelines International Enjoy a musical celebration of Broadway favorites. 1-3 p.m. See article on page 6. **FSF**

22 Washington Balalika Society Fall Performance Featuring soloist Olga Orlovskaya 8-10 p.m. See article on page 6. **FSF**

27-28 Thanksgiving City Hall is closed. See the article on page 1 for recycling and refuse collection information.

28 Zumba Thanksgiving Burn-Off Eat too much turkey on Thanksgiving? This Latin-inspired exercise in disguise, taught by a licensed instructor, burns calories in a fun festive atmosphere. Thomas Farm Community Center. 10:15-11:15 a.m. Course #48269.

29 “A Christmas Carol” presented by Hope Garden Children’s Ballet Theatre Experience the story of the world’s favorite humbug through movement and emotion in this original ballet interpretation of Charles Dickens’ timeless classic danced to the music of Claude Debussy. 1:30-2:30 p.m. See article on page 6. **FSF**

Boards and Commissions

Meetings are held at City Hall, 111 Maryland Ave., unless otherwise noted. Please check the City website for the latest on cancellations, rescheduling and contact information at www.rockvillemd.gov/boardscommissions.

5 Rockville Bicycle Advisory Commission 7 p.m. Meets the first Wednesday of the month.

6 Environment Commission 7:30 p.m. Meets the first Thursday of the month.

8 Board of Appeals 9 a.m. Meets the second Saturday of the month and are televised on Rockville 11.

11 Human Services Advisory Commission 7:30 p.m. Meets the second Tuesday of the month.

12 Planning Commission 7 p.m. Meets the second and fourth Wednesday of the month and are televised on Rockville 11. Does not meet Nov. 26.

19 Rockville Housing Enterprises 6:30 p.m. Meets the third Wednesday of the month at David Scull Courts Community Center, 1201 First St.

19 Cultural Arts Commission 7 p.m.

20 Historic District Commission 7:30 p.m. Meets the third Thursday of the month.

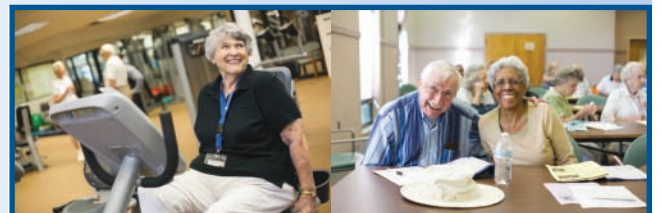
21 Retirement Board 9 a.m. Meets quarterly.

25 Traffic and Transportation Commission 7:30 p.m. Meets the fourth Tuesday of the month.

Vacancies

To learn more about any board or commission, call the City Clerk’s office at 240-314-8280 or visit www.rockvillemd.gov. The City is seeking applicants for:

- Cultural Arts Commission (3)
- Environment Commission (1)
- Historic District Commission (1)
- Human Rights Commission (3)
- Human Services Advisory Commission (3)
- Landlord Tenant Affairs Commission (2)
- Personnel Appeals Board (3)
- Recreation and Parks Advisory Board (1)
- Rockville Recreation and Parks Foundation, Inc. (1)
- Rockville Housing Enterprises (1)
- Rockville Sister City Corp. (1)
- Senior Citizens Commission (2)



ROCKVILLE IS A GREAT PLACE TO BE A SENIOR

Stop by the senior center for:

- recreation, education, fitness programs
- counseling services
- home maintenance and repair help
- transportation to local destinations
- daily lunch program
- special events

Center Hours of Operation:

M-F, 8:30 a.m.-5 p.m.; Sat., 8:30 a.m.-1 p.m.; Fitness Room: M-F, 7 a.m.-7 p.m.; Sat. 7 a.m.-3 p.m. 1150 Carnation Drive, Rockville

www.rockvillemd.gov/seniorcenter • 240-314-8800

FOR THE MOST UP-TO-DATE EVENT LISTING, VISIT WWW.ROCKVILLEMD.GOV

Matricúlese en una Mini Sesión de Recreación para Mantenerse Saludable Durante las Vacaciones

¿Está usted buscando un compromiso a corto plazo para mantenerse en forma esta temporada de vacaciones? Tome en cuenta las mini sesiones que ofrece Rockville para gente de todas las edades.

Los aficionados de la Yoga disfrutarán de Yoga relajadora para las Vacaciones, Yoga para Niños o Yoga-lates con pelota para adultos mayores. Los adultos mayores cuentan con una variedad de opciones de mini sesiones en el Centro para Adultos Mayores de Rockville, incluyendo entrenamiento de fuerza, Tai Chi Chuan- para principiantes, Ejercicio de Silla y demás.

Las personas mayores de 16 años se pueden inscribir en las actividades para estar en forma “20/20/20 Fitness” y “Total Body

Blast”, los cuales empiezan en las semanas del 24 de nov (20/20/20) y 8 de dic (Total Body). “Power Sculpt” y “Circuit Step” están abiertas para los mayores de 15 años y comienzan en la semana del 1o de diciembre.

La opción de asistir a una sesión sin haberse matriculado previamente, que ofrece el Rockville Swim and Fitness Center (Centro de Natación y Gimnasio), le brinda la oportunidad de hacer ejercicio una o dos veces, a precios razonables, sin tener que matricularse en una sesión completa. Las sesiones de ejercicios fuera del agua que empezaron el 25 de octubre duran hasta el 19 de diciembre. Las clases en el agua que empezaron el 2 de septiembre duran hasta el 19 de diciembre. Visite www.rockvillemd.gov/

swimcenter para ver el programa completo.

Para Contrarrestar las indulgencias del día de Acción de Gracias de este año inscribise en el programa de Zumba “Thanksgiving Burn Off” el viernes 28 de noviembre de 10:15-11:15 a.m. en el centro comunitario Thomas Farm (abierto para personas de 16 años o más).

La matrícula para estos programas se encuentra abierta ahora. Puede hallar los detalles y los números de los cursos en la Guía de Recreación de Otoño en www.rockvillemd.gov/recreation/guide (hay copias impresas en los centros de recreación de Rockville y en el Ayuntamiento). Matricúlese a través de rockenroll.rockvillemd.gov o en persona en el ayuntamiento,

111 Maryland Ave., o en los centros de recreación de Rockville.

Si usted tiene en mente ponerse en forma, como promesa de año nuevo, revise la Guía de Recreación de Invierno que estará en línea en el enlace anterior el jueves 13 de noviembre y que estará disponible en el Ayuntamiento y en los centros de recreación, a mediados del mes. La matrícula para los programas que empiezan el 5 de enero se abre el jueves 9 de diciembre (o 4 de diciembre para los miembros de los centros de natación y centros para adultos mayores)

Entérese de más en www.rockvillemd.gov/recreation o llamando al 240-314-8620. ❖



Fall Leaf Collection Continues in November

City crews will continue to vacuum leaves from neighborhood curbs this November and December.

Residents should rake leaves into the gutter or immediately adjacent to the pavement if no curb or gutter exists. Leaves can be raked anytime immediately before collection week.

DO: Place leaves at the curb by 6 a.m. on the collection dates. Sticks and all other objects must be removed from the leaf piles.

DO: Use alternative methods for disposing of leaves such as mulching or composting. This saves collection and disposal costs.

DO NOT: Use plastic bags. Biodegradable paper lawn bags are acceptable.

DO NOT: Dump leaves, grass clippings or other yard waste into storm drains, along stream banks or directly into streams.

After fall collection dates, leaves may still be set out in paper lawn bags or 32-gallon trash cans with yard waste on your regular collection day.

Visit www.rockvillemd.gov/leafcollection for an interactive map that allows residents to input their address to learn when leaves will be collected in their neighborhood.

Plan to Donate Outerwear to City's Coat Drive this Winter

As cold weather sets in, consider setting aside excellent-condition used or new coats to donate to Rockville's annual coat drive, which will collect coats in early January.

Rockville's drive, which typically collects several hundred coats, will benefit families in need in Montgomery County.

Coats (any size) will be collected at City facilities from Friday, Jan. 2 through Thursday, Jan. 8 at one of the following locations:

- Lincoln Park Community Center, 357 Frederick Ave.
- Rockville City Hall, 111 Maryland Ave.
- Rockville Police Station, 2 W. Montgomery Ave.
- Rockville Swim and Fitness Center, 355 Martin's Ln.
- Thomas Farm Community Center, 700 Falls Grove Dr.
- Twinbrook Community Recreation Center, 12920 Twinbrook Pkwy.

Lincoln Park Community Center (LPCC) is organizing the drive in partnership with Burlington Coat Factory and the nonprofit One Warm Coat.

If your company or organization would like to support the coat drive either with donated coats or a financial contribution, contact Yvette Yeboah, LPCC supervisor, at yveboah@rockvillemd.gov or 240-314-8783.

Corrections

An article on solar homes, "Rockville Home Highlight Renewable Energy," in the October "Rockville Reports" listed an incorrect house number for one of the three Rockville homes featured on the Metropolitan Washington, DC Tour of Solar and Green Homes. The correct address is 1108 Parrish Drive.

An article on the Rockville Pike draft plan, "Rockville Pike Through The Years," stated that the Rockville Metro station opened before the Twinbrook station. In fact, the Rockville, Shady Grove, Twinbrook and White Flint stations all opened on Dec. 15, 1984.

"Rockville Reports" regrets the errors and thanks readers for bringing them to our attention.

Neighborhood Notes

Meet Your Neighbor: Sima Osdoby

At a young age, Sima Osdoby got a taste for civic engagement by helping with a friend's parent's political campaign in her hometown of Woodridge, N.Y.

Today, Osdoby is a consultant on civil society development, non-profit strengthening, civic engagement, political strategy, elections and democratic institution building. Her work has taken her to countries near and far as she has observed elections. She says her work overseas highlights for her how the contributions of people of varying backgrounds help to identify and solve problems, innovate, create and thrive. And she sees that in her experiences in Rockville as well.

"They bring valuable and fresh insight, energy, endurance, and can call upon history and tradition that renews our store of optimism, prag-



Sima Osdoby served as an election observer in Ukraine in 2012. She and her husband, Arthur Katz, have lived in Rockville since 1980.

matism, and can-do attitude," Osdoby said.

Osdoby moved to Rockville with her husband in 1980, specifically because it was an incorporated municipality and had its own government. They raised their twin

daughters at a home in New Mark Commons, which they now share with a collie named Finney.

Her civic activities in Rockville have included serving on a variety of task forces and commissions, helping start the F.

Scott Fitzgerald Literary Conference, and serving as board president and interim executive director at Peerless Rockville Historic Preservation.

Osdoby said one of Rockville's greatest attributes is that it has attracted residents from all over the world. She appreciates hearing different languages spoken in the check-out line at local stores, and patronizing the diverse food stores and restaurants in Rockville.

"We should be celebrating the differences which are the bedrock of our culture," Osdoby said. ✚

Meet Your Neighbor is a regular feature in Rockville Reports and on Rockville 11 highlighting the unique individuals that make our community a special place. To suggest someone for a future episode and article, email meetyourneighbor@rockvillemd.gov.

Mayor and Council Honor Four 'Good Neighbors'

Awards Recognize Good Deeds and Community Service

The Mayor and Council presented Rockville's annual Good Neighbor awards on Monday, Oct. 20.

The awards honor members of the community who have made exceptional contributions to preserve and improve the quality of life in their neighborhood through good deeds or acts of service.

This year's honorees were:

- **Nancy Keefe:** Nominated by an anonymous neighbor, Keefe serves on several committees for the Fallsmead Homes Corp. Board, is a block captain and volunteers at swim meets, July Fourth festivities, park cleanups and more. "Her focus is always on the neighborhood children, helping them feel cared for and good about themselves with her friendliness and kindness," the neighbor said in nominating Keefe.
- **Fred Newton:** Fred Newton was nominated by Maude Kilgo, who said



(L to R) Smith, Wallenmeyer, Keefe and Newton.

Newton shovels snow from her sidewalks each winter. "Before the snow stops falling, Fred is outside my home shoveling snow to prevent any buildup," Kilgo said. "He is always very professional, very attentive and has always gone above and beyond to ensure the job is complete."

- **Jonathan Smith:** Nominated by Tricia Kassiday, Smith is the moderator for the New Mark Commons community online bulletin board, coordinating the migration to a new Web platform. "He also is very active at provoking online discussions, and sharing com-

munity information, which has successfully brought our community even closer together," Kassiday said. Smith also has organized several well-attended communitywide "game day" events.

- **Ida Wallenmeyer:** Wallenmeyer was nominated by Rose Sharkey and Patty Neame for her efforts to recruit volunteers and maintain Dr. Stonestreet's Medicinal Garden on the grounds of the Beall-Dawson House. "Ida demonstrates a determination to beautify the city for all to enjoy," Sharkey and Neame said.

Good Neighbor award nominations are accepted throughout the year and are awarded in the fall.

Learn more about the awards at www.rockvillemd.gov/goodneighbor or contact Rocio Snowdy, neighborhood resources coordinator, at 240-314-8345 or rsnowdy@rockvillemd.gov. ✚



Scan this QR code with your smartphone to visit the City of Rockville's website. If you don't already have a QR code reader on your phone, there are plenty of free apps you can download. When you have an app installed, point your phone's camera at the code and the website will appear in your phone's web browser.



Get Into It

Mayor

BRIDGET DONNELL NEWTON

Councilmembers

BERYL L. FEINBERG

TOM MOORE

VIRGINIA D. ONLEY

JULIE PALAKOVICH CARR

City Manager: Barbara B. Matthews

Deputy City Manager: Jennifer Kimball

Communication Mgr.: Marylou Berg

Public Information Specialists:

Noelle Barton, Sean Sedam

Graphics & Printing Div.: Sylvia

England, Eric Ferrell, Nikita Jones, Leon

Porter, Betsy Robbins, Lori Russler

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Any individuals with disabilities who

would like to receive the information

in this publication in another form may

contact the Americans with Disabilities

Act Coordinator at 240-314-8100; TTY

240-314-8137.

Rockville's Caregiving Agencies

Helping Our Community's Neighbors in Need

Learn How You Can Give Back

Connect with the caregiver organizations in this special insert this holiday season and all through the year, and take advantage of some of these ways to help:

Donate Often

- Food and clothing banks and furniture programs can use items all year. Some organizations will even pick up from your home.
- Pick up extra non-perishable food items every time you go to the grocery store and drop them off at a food bank when you have a boxful.
- Check out the descriptions of local organizations in this insert for a list of items that are needed and an organization where you can make a donation.

Volunteer Regularly

- An hour or two each week or month can go a long way when spent volunteering for a local nonprofit organization.
- Jobs and tasks for volunteers vary widely among organizations and can range from sorting clothing donations to boxing food to professional consulting.
- To find a volunteer opportunity in



Donate canned food during the holidays and throughout the year.

Rockville visit www.rockvillemd.gov/volunteer, or go to www.montgomeryserves.org to view opportunities throughout Montgomery County.

Serve on a Board or Commission

- Use your leadership skills and interest in helping people as a board member for a nonprofit organization.
- Board member responsibilities can

range from program and event planning to fundraising to developing partnerships with related community groups. Refer to the descriptions of local organizations and contact one that interests you directly for more information about board membership.

- Join Rockville's Human Services Advisory Commission to assist the Mayor and Council in deciding appropriate City roles and priorities concerning human services.

Watch a Special Documentary on the Holiday Drive

During the holiday season last year, a crew from Rockville 11 followed the progress of the Holiday Drive and learned how the community comes together each year to help those in need.

"A Community That Cares: Rockville's Holiday Drive" is a 15-minute documentary that will air throughout this holiday season on cable channel 11, and can be viewed on demand at www.rockvillemd.gov/rockville11 or on the City's YouTube channel, www.youtube.com/cityofrockville.

In it you'll learn some of the history of the Holiday Drive, hear from volunteers who are inspired to help out each year and get a behind-the-scenes look at the work that goes into the drive.



And as Community Services Manager Carlos Aparicio tells Rockville 11 in the documentary, "Without the help of the residents, without the help of the local companies, the small businesses, the volunteers, we just can't do it."

Get inspired and learn how you can help this year at www.rockvillemd.gov/holidaydrive.



Human Services Advisory Commission

Scott Robins, *Chair, At-Large Representative*
Ciriaco Q. Gonzales, *At-Large Representative*
Rici Rutkoff, *At-Large Representative*
Eric (Kuohwa) Wang, *At-Large Representative*
Ruth O'Sullivan, *At-Large Representative*
Robert Dorsey, *Caregiver Representative*
Agnes Saenz, *Caregiver Representative*
Leann Sherman, *Caregiver Representative*
Kimberly Dawkins, *Consumer Representative*
Arlene Joyce Lipman, *Consumer Representative*

This volunteer commission provides advice and guidance to the Mayor and Council on human service needs in Rockville and how best to address them. The commission has one vacancy and generally meets at 7:30 p.m. the second Tuesday of each month at City Hall, 111 Maryland Ave. If you are interested in serving on the commission, email cityclerk@rockvillemd.gov.

For more information, call Carlos Aparicio, Community Services Staff Liaison to the commission, at 240-314-8303.

Rockville's Community Services Division Gets People the Help They Need

If you need assistance from any of the caregiver agencies listed in this special insert, Rockville's Community Services Division is here to help.

The division provides for the well-being of individuals and families by identifying resident needs and making appropriate referrals; monitoring human service programs that the City funds; and delivering prevention and intervention

programs, among other services for youth and families.

The division is located on the first floor of Rockville City Hall, 111 Maryland Ave. and is open Monday, Tuesday, Thursday and Friday from 8:30 a.m.-5 p.m. and Wednesday from 8:30 a.m.-7 p.m.

Learn more at www.rockvillemd.gov/communityservices or by calling 240-314-8310.



Division staff members, including Mariella Correal, Carlos Aparicio and Alfred Thompson, are ready to answer calls for assistance.



Support the City's Annual Holiday Drive

Give Locally to Help Rockville Families in Need

The City continues to grow its annual Holiday Drive and is looking for the community's help to make sure local families in need have a special holiday season.

The drive collects and distributes Thanksgiving meals in November and toys and gifts in December to hundreds of Rockville children and families. Last year, the drive's total of \$57,400 in contributions represented a 9 percent increase in giving over 2012. As a result, the City was able to provide:

- 535 households with food for their Thanksgiving dinner
- 599 households with toys and gift cards in December
- 1,044 children with holiday toys/gift cards

Rockville continues to expand its collection and distribution of healthier food to more families. With this in mind, donations of whole grain pasta, low-sodium canned vegetables and sugar-free canned fruit are encouraged. Food donations will be collected at City Hall and City recreation facilities until Nov. 20 for the Thanksgiving holiday. See a list of food requested at www.rockvillemd.gov/holidaydrive.

For the first time this year, drive organizers are asking for donations of new books for children age 10 and under. Here are some more ways you can make a difference:

- Organize a canned food drive
- Pack and/or deliver Thanksgiving food baskets
- Assist with on-site distributions
- Organize a toy or book drive to collect new unwrapped toys or books (find a list of items needed at www.rockvillemd.gov/holidaydrive)
- Donate \$20 gift certificates for Target, Best Buy, Old Navy, or Giant
- Sponsor a family: individuals or groups buy gifts and food for the December holidays, tailored to a specific family's need (usually valued around \$250)
- Send a tax-deductible contribution: checks can be made payable to City of Rockville Holiday Drive Fund, 111 Maryland Ave., 1st Floor, Rockville, Md. 20850)

The drive typically involves about 200-250 volunteers who help collect and deliver donations, wrap toys, work at the toy shop and more. If you would like to volunteer, email Kate Bouwkamp at kbouwkamp@rockvillemd.gov or call 240-314-8310.

Community Services in Rockville · Servicios Comunitarios de Rockville

Great Places to Donate Your Time, Talent, Money – and Keep it Local! · ¡Excelentes Lugares donde Donar su Tiempo, Talento y Dinero, y que Quede en Casa!

LEGEND

The agency is a program of:

◆

=

Catholic Charities of the Archdiocese of Washington

✕

=

Montgomery County Coalition for the Homeless (MCCH)

▲

=

Interfaith Works

●

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Community Ministries of Rockville

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Family Services, Inc.

■

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Child Center and Adult Services, Inc.

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=

Description/details of program

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=

Donations that are needed

📞

=

Contact information

HOUSING • VIVIENDA

Chase Partnership House♦

600-C E. Gude Dr., Rockville, MD 20850

☀

36-bed transitional shelter for homeless men recovering from drug and alcohol abuse and/ or may have co-occurring disorders; open 24 hours a day year-round

Residents receive case management, two meals daily and 12-step meetings along with skills, discussion, shower and laundry services and relapse prevention groups.

Refugio transitorio para hombres sin hogar (36 camas) en recuperación del abuso de drogas y alcohol, y/o que puedan tener trastornos coexistentes; abierto las 24 horas del día durante todo el año.

Los residentes reciben coordinación de casos, dos comidas al día y reuniones de los 12 pasos con apoyo, discusión, ducha y servicio de lavandería y grupos de prevención contra recaídas.

☀

Paper products such as toilet paper, napkins, paper towels, men's toiletries; personal hygiene items, cleaning supplies, office supplies, and gift cards from department and clothing stores; and non-perishable foods like cereal, oatmeal, canned foods and crackers.

Productos de papel tales como papel higiénico, servilletas, toallas de papel, artículos de tocador de hombre; artículos de aseo personal, artículos de limpieza, artículos de oficina, y tarjetas de regalo de almacenes y tiendas de ropa; y alimentos no perecederos como cereales, avena, alimentos enlatados y galletas.

🌱

Zelalem Zemichael, 301-424-1380 or Zelalem.Zemichael@catholiccharitiesdc.org, www.catholiccharitiesdc.org



Dorothy Day Place♦

5320 Marinelli Road, Rockville, MD 20852

☀

Transitional shelter for single, unaccompanied, homeless women from abusive situations, eviction or who can no longer live with relatives or may have substance abuse or mental health issues

Residents receive two meals per day, shower and laundry services, case management, workshops, 12-step meetings and more.

Viviendas de transición para mujeres solteras sin hogar, no acompañadas que vienen de situaciones de abuso, desalojo o que ya no pueden continuar viviendo con sus familiares o sufren abuso de sustancias o problemas de salud mental.

☀

Los residentes reciben dos comidas al día, ducha y servicio de lavandería, coordinación de casos y talleres, reuniones de los 12 pasos y más.

Toiletries, towels, sheets, pajamas, robes, slippers, paper products and small appliances to give to ladies when moving out; also non-perishable foods like cereal, oatmeal, canned foods and crackers.

Artículos de tocador, toallas, sábanas, pijamas, batas, pantuflas, productos de papel y a veces, pequeños electrodomésticos para las mujeres cuando se van; también alimentos no perecederos como cereales, avena, alimentos enlatados y galletas.

🌱

Zelalem Zemichael, 301-907-9597, cell: 202-904-7891 or Zelalem.Zemichael@catholiccharitiesdc.org, www.catholiccharitiesdc.org

Helping Hands Center

622 N. Horners Ln., Rockville, MD 20850

☀

Provides a safe haven for homeless women with children since 1986; accommodates up to 24 women and children each day, year-round. Residents receive case management, private bedrooms, laundry facilities, referrals and three meals a day as they work toward ending their homelessness.

Proporciona un refugio para mujeres con niños sin hogar desde 1986; con capacidad para 24 mujeres y niños cada día, durante todo el año. Los residentes reciben coordinación de casos, habitaciones privadas, servicio de lavandería, referencias y tres comidas al día a medida que trabajan para poner fin a su situación de falta de vivienda.

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Hygiene items, paper goods, bed linens, washcloths, bath towels, gift cards for transportation, diapers, over-the-counter medicines, shoes, emergency clothing; also small appliances such as microwave ovens, toasters and coffee pots to give to families who move into housing.

Artículos de higiene, artículos de papel, ropa de cama, toallitas, toallas de baño, tarjetas de regalo para transporte, pañales, medicamentos de venta libre, zapatos, ropa de emergencia, también pequeños electrodomésticos tales como microondas, tostadoras, cafeteras para dar a las familias que se mudan a una vivienda.

🌱

Ann L. Chapman or Tammy Holland, 301-340-2796 or helpinghandsctr@aol.com

☀

Paper products such as toilet paper, napkins, paper towels, men's toiletries; personal hygiene items, cleaning supplies, office supplies, and gift cards from department and clothing stores; and non-perishable foods like cereal, oatmeal, canned foods and crackers.

Productos de papel tales como papel higiénico, servilletas, toallas de papel, artículos de tocador de hombre; artículos de aseo personal, artículos de limpieza, artículos de oficina, y tarjetas de regalo de almacenes y tiendas de ropa; y alimentos no perecederos como cereales, avena, alimentos enlatados y galletas.

🌱

Zelalem Zemichael, 301-424-1380 or Zelalem.Zemichael@catholiccharitiesdc.org, www.catholiccharitiesdc.org



Home Builders Care Assessment Center* (formerly Men's Emergency Shelter)

600-A E. Gude Dr., Rockville, MD 20850

☀

Provides 24 hours year-round shelter and daytime services for 750 homeless men.

Residents receive basic amenities such as showers, bunks, meals and access to laundry and restrooms; case management, vocational counseling, job training, health education classes, in-house 12-step meetings, on-site medical clinic and psychiatric services, mobile dental care and haircuts.

Proporciona 24 horas de refugio durante todo el año y servicios de día para 750 hombres sin hogar.

Los residentes reciben servicios básicos como duchas, camas literas, comidas y acceso al servicio de lavandería y baños; coordinación de casos, orientación vocacional, preparación laboral, clases de educación sobre la salud, reuniones internas de los 12 pasos, clínica médica in situ y servicios psiquiátricos y el cuidado dental móvil y cortes de cabello.

🌱

Prepared meals, toiletries, gift cards and financial donations (checks should be made out to Montgomery County Coalition for the Home-

less, MCCH); contact Teri Brenits at 301-917-6660 for more information.

Comidas preparadas, artículos de tocador, tarjetas de regalo y donaciones monetarias (cheques deben ser emitidos a nombre de MCCH); contactar a Teri Brenits al 301-917-6660 para obtener más información.

🌱

Jay Scopin, 301-917-6665, www.mcch.net/programs/hbcac.html

Hope Housing*

600-B E. Gude Dr., Rockville, MD 20850

☀

Three houses that provide permanent supportive housing to 15 formerly homeless men and women with disabilities.

Case manager assists clients in clients in identifying and fulfilling goals that focus on enhancing life skills, providing community referrals for employment and/or education programs, crisis intervention and access to day treatment programs and medication management for relapse prevention as needed.

Tres casas que proporcionan viviendas permanentes de apoyo a 15 hombres y mujeres con discapacidad y sin hogar.

El administrador de casos ayuda a los clientes a identificar y cumplir sus objetivos que se centren en mejorar sus habilidades en la vida, proporcionando referencias comunitarias para el empleo y / o programas de educación, intervención en crisis y el acceso a programas de tratamiento de día y gestión de medicamentos para la prevención de recaídas, según sea necesario.

🌱

Financial donations (check should be made out to Montgomery County Coalition for the Homeless, MCCH), \$25 gift cards to Target or Wal-Mart; cleaning supplies, paper products like napkins, toilet paper and paper towels; contact Teri Brenits at 301-917-6660 for more information.

Donaciones monetarias (cheques deben ser emitidos a nombre de MCCH), tarjetas de regalo de \$25 de Target o Wal-Mart, artículos de limpieza, artículos de papel como servilletas, papel higiénico y toallas de papel; contactar a Teri Brenits al 301-917-6660 para obtener más información

🌱

Jennifer Blackwell, 301-917-6643, www.mcch.net/programs/hopehousing.html

Montgomery Avenue Women's Center

12250-C Wilkins Ave., Rockville, MD 20850

☀

A safe, caring daytime program for homeless women, that provides lunch and a snack 365 days per year, between the hours of 8 a.m. and 6 p.m. (2 p.m. on weekends).

Provides case management, computer training, group activities, job readiness, life skills counseling and basic needs.

Un programa de día para el cuidado de mujeres sin hogar, que ofrece almuerzo y una merienda los 365 días al año entre las horas de 08:00 y las 18:00 (14:00 los fines de semana).

Provee coordinación de casos, capacitación para el uso de computadoras, actividades en grupo, preparación para el empleo, asesoramiento para la vida cotidiana y las necesidades básicas.

☀

Money, paper products, food, toiletries and clothing. Please bring food and other donations to the shelter before 5 p.m. weekdays and 1 p.m. weekends; drop off or serve your prepared meal or entrée.

Dinero, productos de papel, alimentos, artículos de aseo y ropa. Favor de traer los alimentos y otras donaciones al refugio antes de 17:00 los días de semana y 13:00 los fines de semana, entregar o servir la comida o platos preparados.

🌱

Audra Cannon, director of operations, 301-984-7765

Horizon House▲

114 W. Montgomery Ave., Rockville, MD 20850

☀

Five homes that provide permanent supported living for 25 formerly homeless disabled adults in a group home setting

Every resident works with a case manager, setting individualized goals for greater independence.

Cinco hogares que proporcionan apoyo residencial permanente para 25 adultos discapacitados anteriormente desamparados en un hogar de grupo.

Todos los residentes trabajan con un administrador de casos para establecer metas individuales con el fin de tener una mayor independencia.

🌱

Gift cards in \$15-25 denominations, hats, gloves, socks, bath towels, toothpaste and pocket calendars.

Tarjetas de regalo de \$15 a \$25, gorros, guantes, calcetines, toallas de baño, pasta de dientes y calendarios de bolsillo.

🌱

Leslie Wiercinski, 301-208-2373, www.iworksmc.org

☀

Gift cards in \$15-25 denominations, hats, gloves, socks, bath towels, toothpaste and pocket calendars.

Tarjetas de regalo de \$15 a \$25, gorros, guantes, calcetines, toallas de baño, pasta de dientes y calendarios de bolsillo.

🌱

Leslie Wiercinski, 301-208-2373, www.iworksmc.org

Jefferson House*

1010 Grandin Ave., Suite A1, Rockville, MD 20851

☀

Provides permanent supportive housing to formerly homeless men who are in a treatment program or have completed a treatment program; serves 6-10 men annually.

Case manager works with residents on budgeting and financial issues, housing services, personal goals, community service work, providing outside speakers, nutritional and educational assistance and follow up on relapse prevention.

Provee vivienda de apoyo permanente para hombres previamente sin hogar que están en un programa de tratamiento o que hayan completado un programa de tratamiento; proporciona asistencia entre 6 a 10 hombres al año.

Un Administrador de Casos trabaja con los residentes sobre cuestiones presupuestarias y financieras, servicios de vivienda, metas personales, trabajo de servicio comunitario, prestación de apoyo de oradores, asistencia en nutrición y educación y seguimiento en prevención de recaídas.

☀

\$25 gift cards from stores such as Target or Wal-Mart, cleaning supplies, paper products like napkins, toilet paper and paper towels.

Tarjetas de regalo de \$25 de tiendas como Target o Wal-Mart, artículos de limpieza, artículos de papel como servilletas, papel higiénico y toallas de papel.

🌱

Kamika Pope, 301-637-0208, www.cmrocks.org/services/Jefferson-House

☀

\$25 gift cards from stores such as Target or Wal-Mart, cleaning supplies, paper products like napkins, toilet paper and paper towels.

Tarjetas de regalo de \$25 de tiendas como Target o Wal-Mart, artículos de limpieza, artículos de papel como servilletas, papel higiénico y toallas de papel.

🌱

Kamika Pope, 301-637-0208, www.cmrocks.org/services/Jefferson-House

Montgomery Avenue Women's Center

12250-C Wilkins Ave., Rockville, MD 20850

☀

A safe, caring daytime program for homeless women, that provides lunch and a snack 365 days per year, between the hours of 8 a.m. and 6 p.m. (2 p.m. on weekends).

Provides case management, computer training, group activities, job readiness, life skills counseling and basic needs.

Un programa de día para el cuidado de mujeres sin hogar, que ofrece almuerzo y una merienda los 365 días al año entre las horas de 08:00 y las 18:00 (14:00 los fines de semana).

Provee coordinación de casos, capacitación para el uso de computadoras, actividades en grupo, preparación para el empleo, asesoramiento para la vida cotidiana y las necesidades básicas.

☀

Money, paper products, food, toiletries and clothing. Please bring food and other donations to the shelter before 5 p.m. weekdays and 1 p.m. weekends; drop off or serve your prepared meal or entrée.

Dinero, productos de papel, alimentos, artículos de aseo y ropa. Favor de traer los alimentos y otras donaciones al refugio antes de 17:00 los días de semana y 13:00 los fines de semana, entregar o servir la comida o platos preparados.

🌱

Audra Cannon, director of operations, 301-984-7765



Rainbow Place

215 W. Montgomery Ave., Rockville, MD 20850

☀

A mission of Rockville Presbyterian Church that provides a warm, safe and caring environment for homeless women

Serves as a cold weather emergency shelter for women ages 18 and up Nov. 1-March 31.

Una misión de la Iglesia Presbiteriana de Rockville que ofrece un ambiente cálido, seguro y comprensivo para mujeres sin hogar.

Sirve como refugio de emergencia contra el frío para mujeres adultas mayores de 18 años, a partir del 1 de noviembre hasta el 31 de marzo.

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Non-perishable food, winter/rain clothing, hygiene products and cash donations are accepted year round; cooked casseroles, grocery store gift cards, roasted chickens, pre-cooked meats and specific fresh food items are welcomed November through March. For a list of needs, please visit www.rainbowplace.org., call 301-762-1496 to arrange deliveries.

☀

Alimentos no perecederos, ropa de invierno / impermeables, productos de higiene y donaciones en efectivo aceptadas durante todo el año; guisos, pallos asados, salchichas, carnes precocidas y alimentos específicos frescos serán bien recibidos. De noviembre a marzo. Para obtener una lista de las necesidades, por favor visite www.rainbowplace.org. Llame a la Iglesia Presbiteriana de Rockville al 301-762-3363 para coordinar las entregas.

Barbara Goodwin, volunteer/donation coordinator, at rainbow@rainbowplace.org; Nancy Sushinsky, director, at director@rainbowplace.org, office phone: 301-762-1496, www.rainbowplace.org.



Rockland House

2004 Rockland Avenue, Rockville, MD 20850

☀

Provides permanent supportive housing to formerly homeless women who are in a treatment program or have completed a treatment program; serves 5-8 women annually.

Case manager works with residents on budgeting and financial issues, housing services, personal goals, community service work, providing outside speakers, nutritional and educational assistance and follow up on relapse prevention.

Provee vivienda de apoyo permanente para mujeres previamente sin hogar que están en un programa de tratamiento o que hayan completado un programa de tratamiento; proporciona asistencia entre 5 a 8 mujeres al año.

Un Administrador de Casos trabaja con las residentes sobre cuestiones presupuestarias y financieras, servicios de vivienda, metas personales, trabajo de servicio comunitario, prestación de apoyo de oradores, asistencia en nutrición y educación y seguimiento en prevención de recaídas.

☀

\$25 gift cards from stores such as Target or Wal-Mart, cleaning supplies, paper products like napkins, toilet paper and paper towels.

Tarjetas de regalo de \$25 de tiendas como Target o Wal-Mart, artículos de limpieza, artículos de papel como servilletas, papel higiénico y toallas de papel.

🌱

Kamika Pope, 301-637-0208, www.cmrocks.org/services/housing-program



Stepping Stones Shelter

P.O. Box 712, Rockville, MD 20848-0712

☀

Provides homeless families with shelter, food, clothing, case management services, employment counseling, and tutoring to move them toward self-sufficiency and stable housing.

Staffed 24 hours a day, 7 days a week.

Proporciona a las familias sin hogar con vivienda, alimentos, ropa, servicios de coordinación de casos, orientación laboral y tutorías para moverlos hacia la auto-suficiencia y la vivienda estable. Con personal las 24 horas al día, 7 días de la semana.

🌱

Clothing, food, household goods, cleaning supplies, diapers, gift cards to Target, Walmart, CVS, Payless Shoes and other

☀

stores listed on website; volunteers needed to sort donations, provide meals, clean, do yard work, provide childcare in the evenings, answer phones, do data entry and to help with events and fundraising.

Ropa, comida, artículos para el hogar, productos de limpieza, pañales, tarjetas de regalo de Target, Wal-Mart, CVS, Payless Shoes u otras tiendas que figuran en el sitio web; se necesitan voluntarios para clasificar las donaciones, proporcionar comida, limpiar, hacer trabajo de jardinería, prestar servicios de guardería por la noche, contestar al teléfono, registrar datos y ayudar con eventos y recaudación de fondos.

🌱

Denise Fredericks, executive director or Devan Wilber, community engagement manager, 301-251-0567, www.steppingstonesshelter.org

Wilkins Avenue Women's Assessment Center▲

12250-A Wilkins Ave., Rockville, MD 20850

☀

65-bed short-term emergency shelter serves more than 300 homeless women who struggle with mental illness, substance abuse, trauma and long-term disabilities.

Case managers work with women on recovery and stability and connect them with medical, mental health and social services, with the goal of moving them into permanent housing.

65 camas de refugio de emergencia a corto plazo, sirven a más de 300 mujeres sin hogar que padecen de una enfermedad mental, abuso de sustancias, traumatismos y discapacidades a largo plazo.

Los administradores de casos trabajan con las mujeres en la recuperación y estabilidad y en conectarlos con servicios médicos, servicios de salud mental y servicios sociales con el objetivo de ubicarlos en viviendas permanentes.

☀

High efficiency liquid laundry detergent, liquid hand soap, hand sanitizer, feminine hygiene products, washcloths and gift cards for emergency food needs.

Detergente líquido de alta eficiencia de lavado, jabón líquido, desinfectante de manos, productos de higiene femenina, paños y tarjetas de regalo para las necesidades alimentarias de emergencia.

🌱

Diana Bernhardt, 301-770-2413 or dbernhardt@iworksmc.org, www.iworksmc.org



BASIC SERVICES • SERVICIOS BASICOS

Interfaith Clothing Center▲

751 Twinbrook Parkway, Rockville, MD 20851

☀

Assists low-income Montgomery County residents.

Distributes donated clothing, home goods, school supplies, new baby items, toys and books free of charge.

Ayuda a residentes de bajos ingresos del Condado de Montgomery durante más de 30 años.

Distribuye donaciones de ropa, artículos para el hogar, útiles escolares, nuevos artículos para bebés, juguetes y libros de forma gratuita.

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Gently-used or new children's, women's and men's clothing and shoes; home goods including dishes, small appliances, lamps and linens; new infant items including diapers, toys and books; volunteers needed during operating hours to sort donations, hang clothing, greet/assist donors, answer phones, enter data, help children's activity or assist disabled clients.

☀

Ropa y zapatos nuevos o semi nuevos de niños, mujeres y hombres; artículos para el hogar como platos, pequeños electrodomésticos, lámparas y ropa de cama, nuevos artículos para recién nacidos como pañales, juguetes y libros; se necesitan voluntarios durante las horas de funcionamiento para las donaciones, colgar la ropa, saludar / ayudar a los donantes, contestar a los teléfonos, ingresar datos, ayudar con las actividades de los niños o ayudar a los clientes con discapacidades.

Erin Kauffman, site coordinator, 301-424-3796 or EKauffman@iworksmc.org, www.iworksmc.org

Manna Food Center

9311 Gaither Rd., Gaithersburg, MD 20877

☀

The designated emergency food assistance provider in Montgomery County providing a 3-5 day supply of fresh and non-perishable food to 3,600 families in need each month and over 2,000 hungry elementary school children every weekend.

Smaller county agencies including soup kitchens, emergency shelters and small pantries received over 325,000 pounds of food free of charge from Manna last year.

Cada mes, el proveedor de asistencia alimentaria de emergencia en el condado Montgomery proporciona un suministro durante 3-5 días de alimentos frescos y no perecederos a 3.600 familias necesitadas y a más de 2.000 niños hambrientos de edad escolar cada fin de semana.

Agencias pequeñas del condado, incluyendo pequeños comedores, refugios de emergencia y pequeñas despensas recibieron más de 325.000 libras de alimentos de forma gratuita de Manna durante el año pasado.

☀

Food and funds accepted; volunteers welcome. Alimentos y fondos aceptados; voluntarios bienvenidos.

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Jackie DeCarlo, executive director, 301-424-1130 or info@mannafood.org, www.mannafood.org

Rockville Emergency Assistance Program

8 W. Middle Ln., Rockville, MD 20850

☀

Provides emergency financial assistance to individuals and families living in zip codes 20850, 20851, 20852, 20853, 20854, 20855 to help pay rent, mortgage, utility bills and for prescription medications.

The program also makes referrals for residents of Montgomery County to social services including food, clothing and dental and eye clinics. Located in the Mansfield Kaseman Health Clinic.

Proporciona asistencia financiera de emergencia a individuos y familias que viven en los códigos postales 20850, 20851, 20852, 20853, 20854, 20855 para ayudar a pagar el alquiler, la hipoteca, facturas de servicios públicos y medicamentos recetados.

El programa también refiere a los residentes del Condado de Montgomery a servicios sociales, incluyendo alimentos, ropa, clínicas dentales e oculares. Situado en la Clínica de Salud Mansfield Kaseman.

🌱

Monetary donations and \$20 gift cards to CVS, Walgreens, Target and grocery stores. Donaciones en dinero y tarjetas de regalo de

☀

\$20 de CVS, Walgreens, Target y las tiendas de comestibles

Odeth Berlin, 301-917-6811 or ohall@cmrocks.org, www.cmrocks.org



YOUTH & FAMILY • JUVENTUD Y FAMILIA

Friends in Action

114 W. Montgomery Ave., Rockville, MD 20850

☀

Creates a network of people from different faiths and ethnic backgrounds to provide caring outreach to families in our community.

Volunteers provide a supportive relationship to a family in need for one year to help identify their strengths and develop attainable and manageable goals that guide them toward financial independence and personal well-being.

Crea de una red de personas de diferentes credos y orígenes étnicos para proporcionar cuidados de alcance a las familias en nuestra comunidad.

Los voluntarios proporcionan una relación de apoyo a una familia necesitada por un año para ayudar a identificar sus fortalezas y desarrollar metas alcanzables y manejables que les guíe hacia la independencia financiera y el bienestar personal.

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Diapers, wipes, grocery store and shoe gift cards; teams of volunteer mentors welcome.

Pañales, toallitas, tarjetas de regalo de tiendas de comestibles y zapaterías, bienvenidos los equipos de mentores de voluntario.

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Monica Barberis-Young, 301-762-8682 or mbarberis-young@iworksmc.org, www.iworksmc.org



Healthy Families Montgomery

610 E. Diamond Ave., Suite 100, Gaithersburg, MD 20877

Voluntary home visiting program for first-time parents who live in Montgomery County; services available in English and Spanish at no charge.

Offers parenting skill building, child development education, linkage to community resources, case management, monitoring of child development and immunizations and parent education/support groups.

Voluntario del programa de visitas domiciliarias para padres primerizos que viven en el Condado de Montgomery; servicios disponibles en inglés y Español sin cargo alguno.

Ofrece desarrollo de habilidades de crianza, educación para el desarrollo infantil, vinculación a los recursos comunitarios, coordinación de casos, seguimiento del desarrollo del niño y las vacunas y grupos de educación / apoyo para padres.

Diapers and infant/toddler toys/books. Pañales y juguetes para recién nacidos y niños pequeños (que empiezan a caminar) / libros.

Janet Curran, 301-840-3232 or curranj@fs-inc.org, www.fs-inc.org

HEALTH • SALUD

Elderly Ministries Program

1010 Grandin Ave., Suite A1, Rockville, MD 20851

Provides case management, homecare services, assistive devices and other support services to help maintain low income seniors in their homes

Offers free minor home repair and furnace cleaning to homes of low-income seniors and people with disabilities.

Provee coordinación de casos, servicios de atención domiciliaria, dispositivos de asistencia y otros servicios de apoyo para ayudar a mantener la tercera edad de bajos ingresos dentro de sus propios hogares.

Ofrece servicios de reparaciones menores y limpieza de calentador a los hogares de ancianos de bajos ingresos y personas con discapacidad.

\$20 gift cards for grocery stores and CVS pharmacies; monetary donations are appreciated and used to fund repairs for the homes of elderly residents.

Tarjetas de regalo de \$20 de tiendas de comida y farmacias de CVS; se agradecen donaciones monetarias para financiar las reparaciones de las casas de los residentes de edad avanzada.

Leann Sherman, director, 301-637-0171 or elderlyministries@cmrocks.org, www.cmrocks.org



Mansfield Kaseman Health Clinic

8 W. Middle Ln., Rockville, MD 20850

Provides primary medical care, specialty care, behavioral health, health education and community outreach to low-income, uninsured adult residents of Rockville and Montgomery County.

Social services provided on-site; services available in English, Spanish, French and Portuguese; for appointments call 301-917-6800.

Provee atención médica primaria, atención especializada, salud mental, educación para la salud y extensión a la comunidad a los adultos residentes sin seguro médico de bajos ingresos de Rockville y el condado de Montgomery.

Servicios sociales proporcionados en situ, servicios disponibles en inglés, español, francés y portugués; para citas llamar al 301-917-6800.

Monetary donations, \$20 gift cards to CVS, Walgreens and Target; cleaning supplies; bilin-

gual volunteers needed as interpreters (Spanish-speaking preferred), medical assistants and nurses.

Donaciones monetarias, tarjetas de regalo de \$20 de CVS, Walgreens y Target, artículos de limpieza; voluntarios bilingües necesarios como intérpretes (preferiblemente de español), asistentes médicos y enfermeras.

Pat Schaefer, clinic manager or Teresita Castro, front desk and health education manager, 301-917-6800, www.cmrocks.org



MobileMed Clinic

981 Rollins Ave., Rockville, MD 20852

Uninsured and Medicaid patients and low-income adult residents of Rockville and Montgomery County receive primary medical care.

Services include exams, preventive screenings, women's health, behavioral health, patient education and specialty referrals; services available in English, Spanish and other languages; call 301-493-2400 or schedule@mobilemedicalcare.org for appointments.

Pacientes sin seguro médico o con Medicaid, adultos residentes de bajos ingresos de Rockville y el Condado de Montgomery reciben atención médica primaria.

Los servicios incluyen exámenes, exámenes preventivos, salud de la mujer, salud mental, educación del paciente y remisiones especiales, servicios disponibles en inglés, español y otros idiomas; llame al 301-493-2400 o schedule@mobilemedicalcare.org para sacar citas.



Volunteer clinicians and monetary donations to support expansion of services.

Médicos voluntarios y donaciones monetarias para apoyar la expansión de los servicios

Peter Lowet, executive director, plowet@mobilemedicalcare.org; volunteer contact: volunteer@mobilemedicalcare.org, www.mobilemedicalcare.org

Positive Aging Project

16220 Frederick Rd., Suite 502, Gaithersburg, MD 20877

Provides a mental health therapist on site at the Rockville Senior Center.

Prevention and early intervention services are offered through workshops, ongoing support groups and brief individual counseling sessions.

Proporciona un terapeuta de salud mental en situ en el Rockville Senior Center.

Se ofrecen servicios de prevención e intervención temprana a través de talleres, grupos de apoyo en curso y sesiones de breve asesoramiento individual.

Monetary donations are greatly appreciated to help maintain and expand this important program for Rockville seniors.

Se agradecen donaciones monetarias para ayudar a mantener y expandir este importante programa de Rockville.

Nancy Ebb, Co-Director, 301-978-9750 or nebb@ccascounseling.org, www.ccascounseling.org

CULTURAL DIVERSITY • LA DIVERSIDAD CULTURAL

Chinese Culture and Community Service Center, Inc.

9366 Gaither Rd., Gaithersburg, MD 20877

A nonprofit and non-partisan organization founded in 1982 that provides services aimed at promoting mutual understanding, awareness and appreciation of Chinese and American culture and assimilating Chinese-Americans into mainstream society through language and citizenship instruction.

Programming in education; adult English as second language classes; culture and arts; a new health clinic; community services; senior services; sports and fitness; and youth activities.

Una organización sin fines de lucro y no partidista fundada en 1982 que ofrece servicios orientados a la promoción de la comprensión mutua, conocimiento y apreciación de la cultura china y americana y asimilación de los chino-estadounidenses en la sociedad a través del lenguaje y la enseñanza de la ciudadanía.

Programación de educación; Inglés para Adultos como clases de segunda lengua; cultura y artes, una nueva clínica de salud, servicios comunitarios; servicios para personas mayores, deportes y condición física y las actividades para jóvenes.

Monetary donations; volunteers needed. Se necesitan donaciones monetarias y voluntarios.

Office: Kate Lu, 301-820-7200 x205 or kate.pavhc@gmail.com, www.ccacc-dc.org

Korean Community Service Ctr. of Greater Washington, Inc.

847-J Quince Orchard Blvd., Gaithersburg, MD 20878

Nonprofit social services organization founded in 1974 providing information and referral services, health and immigration case management; counseling and domestic violence victim assistance services.

Also provides translation, interpretation and educational services including ESOL, computer and citizenship preparation classes, civic education, pro-bono legal services and an annual health fair.

Officially designated a Capital Region Connector Entity Navigation Partner under the Affordable Care Act for Korean/Chinese/Vietnamese-speaking residents of Montgomery and Prince George's Counties.

Organización sin fines de lucro de servicios sociales fundada en 1974 que proporciona información y servicios de referencia, salud y la coordinación de casos de inmigración; servicios de asistencia a víctimas de violencia doméstica.

También ofrece servicios de traducción, interpretación y servicios educativos, incluyendo ESOL, clases de informática y preparación de la ciudadanía, educación cívica, pro-bono de servicios legales y una feria anual de la salud.

Designado oficialmente una Entidad de Conector Capital Región bajo la Ley de Asistencia Asequible para Cuidados para los residentes de coreanos / chinos / de habla vietnamita de los condados de Montgomery y Prince George.

Julia Chang, 240-683-6663 x102, www.kcscgw.org

Language Outreach Program

1010 Grandin Ave., Suite A1, Rockville, MD 20851

English as a second language and literacy classes in a family-based program; provides infant and child care and tutoring for the school age children of students.

Offers two sessions of citizenship classes; staff help students navigate the immigration process from studying for the exam to completing the applications for citizenship; classes located in Rockville.

Inglés como segundo idioma y clases de alfabet-



ización en un programa basado en la familia; proporciona cuidados infantiles, guardería y tutoría para los niños en edad escolar de los estudiantes.

Ofrece dos sesiones de clases de ciudadanía; el personal ayuda a los estudiantes a navegar el proceso de inmigración; desde estudiar para el examen hasta completar las solicitudes de ciudadanía. Las clases se encuentran ubicadas en Rockville.

Monetary donations to help provide snacks for children, instructional materials, and fees for class instructors; gift cards of \$15 or \$20 to Target and Wal-Mart; prepackaged healthy snacks; also need teachers at \$15/hour and volunteer teachers' assistants, send your resume.

Donaciones monetarias para ayudar a proporcionar meriendas para los niños, materiales de instrucción, y los honorarios para los instructores de clase; tarjetas de regalo de \$15 o \$20 de Target y Wal-Mart; bocadillos saludables empaquetados. También se necesitan maestros por \$15 la hora y asistentes de maestros voluntarios. Enviar su curriculum vitae.

Cecilia Rojas, 301-251-2136 or crojas@cmrocks.org, www.cmrocks.org

美京华人活动中心 (Chinese Culture and Community Service Center, Inc.)

- 一家成立于1982年的无党派非营利性机构
- 该中心提供各种服务, 包括那些旨在推动中美文化之间的相互理解、认识和欣赏的服务, 以及通过语言指导和公民教育使美籍华人融入美国主流社会的服务。
- 该中心提供教育、文化和艺术方面的培训; 并有一个全新的健康诊所。它提供社区服务、老年人服务、以及体育、健身和青少年活动。
- 欢迎爱心捐款和志愿者的加入!

Greater Washington, Inc. 의 한인 지역사회 서비스 센터

- 정보 및 추천 서비스, 웰페어, 건강 및 이민 케이스 관리 서비스 및 카운셀링을 제공합니다.
- 통번역 서비스와 ESL 수업, 컴퓨터 수업, 시민 교육, 및 유치원생부터 12학년 까지 학생들을 위한 5주간 여름 학교를 포함한 교육 서비스를 제공합니다.
- 연간 기금모금 행사

SUPPORT the Rockville Holiday Drive!

Ways that YOU can make a difference:

- Pack Thanksgiving food baskets
- Organize a canned food drive
- Deliver food baskets
- Assist with our on-site distributions
- Organize a toy drive to collect new unwrapped toys
- Donate \$20 gift certificates for Target, Best Buy, Old Navy, or Giant
- Sponsor a family: Individuals or groups buy gifts and food for the December holidays, tailored to a specific family's need (usually valued around \$250)
- Send a tax-deductible contribution

240.314.8310
www.rockvillemd.gov/holidaydrive